

Prepare for Impact

A new vaccination law
has school administrators
caught between
a needle and
a hard place

By Thadeus Greenson

20 College couture

22 Oodles of noodles

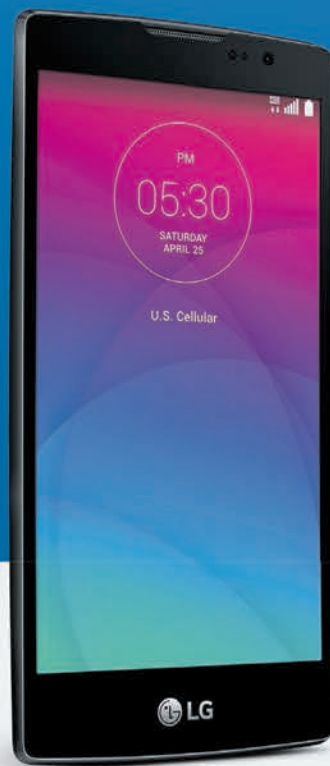
40 A milkmaid's tale



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Contents

- 5 Mailbox**
- 6 Poem**
The Itch
- 8 News**
A Waiting Game
- 10 Media Maven**
Let it All Out
- 11 Week in Weed**
Not Even From Around Here
- 13 NCJ Daily**
- 14 On The Cover**
Prepare for Impact
- 20 HSU Fashion**
- 22 Table Talk**
Ramen Rumble
- 25 Front Row**
Wild Women
- 26 Home & Garden**
Service Directory
- 29 Down and Dirty**
Small is Beautiful
- 30 Music & More!**
Live Entertainment Grid
- 34 The Setlist**
Location, Location, Location
- 35 Calendar**
- 39 Filmland**
Bros in Arms
- 40 Field Notes**
Shots, Shots, Shots
- 41 Workshops & Classes**
- 44 Sudoku & Crossword**
- 44 Classifieds**



Selene Castillo works shades of gray on the first day of class at HSU. Read more on page 20. Photo by León Villagómez

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Publisher

Judy Hodgson
judy@northcoastjournal.com

News Editor

Thadeus Greenson
thad@northcoastjournal.com

Arts & Features Editor

Jennifer Fumiko Cahill
jennifer@northcoastjournal.com

Assistant Editor/Staff Writer

Kimberly Wear
kim@northcoastjournal.com

Staff Writer

Linda Stansberry
linda@northcoastjournal.com

Calendar Editor

Kali Cozyris
calendar@northcoastjournal.com

Contributing Writers

John J. Bennett, Simona Carini, Barry Evans,
Andy Powell, Genevieve Schmidt

Art Director/Production Manager

Holly Harvey
holly@northcoastjournal.com

Graphic Design/Production

Miles Eggleston, Carolyn Fernandez,
Christian Pennington, Jonathan Webster
ncjads@northcoastjournal.com

General Manager

Chuck Leishman
chuck@northcoastjournal.com

Advertising Manager

Melissa Sanderson
melissa@northcoastjournal.com

Advertising Assistant

Maddy Rueda
maddy@northcoastjournal.com

Advertising

Joe Ramsay joe@northcoastjournal.com
Tad Sarvinski tad@northcoastjournal.com
Kyle Windham kyle@northcoastjournal.com

Classified Advertising

Mark Boyd
classified@northcoastjournal.com

Marketing & Promotions Manager

Drew Hyland
drew@northcoastjournal.com

Office Manager/Bookkeeper

Deborah Henry
billing@northcoastjournal.com



Mail/Office

310 F St., Eureka, CA 95501
707 442-1400 FAX: 707 442-1401

www.northcoastjournal.com

Press Releases newsroom@northcoastjournal.com

Letters to the Editor letters@northcoastjournal.com

Events/A&E calendar@northcoastjournal.com

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Kathleen Bryson

Attorney

Former Humboldt County Deputy District Attorney
Member of National Organization for the Reform of Marijuana Laws (NORML) Member of California DUI Lawyers Association

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De-regulate It!

Editor:

It is with breathtaking irrationality and greed that the city of Arcata has embraced a cannabis tracking system ("Farm to Flame," Aug. 18). This plant, after 10,000 years of beneficial use by humanity, doesn't need the regulation being proposed for it, which is a crass justification for taxing it. One can only hope that the legal impositions of the impending state initiative and local legislation fail to be enacted. We live here, partly to avoid the social and political chaos of the rest of the U.S. What fools we are to invite it into our midst.

Greg Movsesyan, McKinleyville

'Hate is Hate'

Editor:

I have been out of town so just got around to reading the *NCJ* issue for Aug. 11, 2016. I originally was stimulated to write about the article about Esteban Gonzalez (Best of Humboldt) but kept getting sidetracked by the brouhaha surrounding the participation of Sizzla Kalonji at Reggae on the River (*NCJ* Daily). I don't care if someone is the finest talent in the world and regularly leaps tall buildings in a single bound, supporting them is akin to accepting hatemongering of an innocent target as implicit support for their stupidity — unless you have found a new way to neutralize hate with appreciation. Can I disentangle that phrase? I won't even try.

Hate is hate and deserves no elucidation. It is not the opposite of love and is the expression of the worst impulses of humankind. How does someone rail against "sodomites" when they are screwing the public en masse? This is the most gross abuse of talent in which one can engage.

But fortunately, I have good news from the front. Thadeus Greenon's ending to the Gonzalez article was the most piquant I

have read in a long time. A small kudo here, and a great big one for the continuing outstanding commentary by Linda Stansberry.

Larry Hourany, McKinleyville

'Class Warfare'

Editor:

What a pitifully grotesque scene is described in Linda Stansberry's Aug. 18 article (Putting Heads Together for Housing First). Many of these 300 heads make their own living out of managing the class of homeless people who wake every morning to the mantra of "Move On!" to shuffle off into the dawn.

What a tiny goal, to house a mere 30 of the thousands of street citizens who face winter and landlords who are "spoiled for choice," as Linda so delicately puts it!

How could Capt. Watson suggest this is better than the marsh? There, at least there was some sense of community, of roots, people taking some responsibility for each other. What it needed was some of the care and concern modern civilization is expected to provide for its citizens.

Rents are outrageous: They take most of most fixed-income checks. Mental health services have shriveled to nothing: We had eight psychiatrists at HCMH four years ago and now we have none, all driven away because of trauma and overwork. At present, the county pays through the nose for a group of temps who fly up for short stints and no commitment. The rest of staff persists at the breaking point.

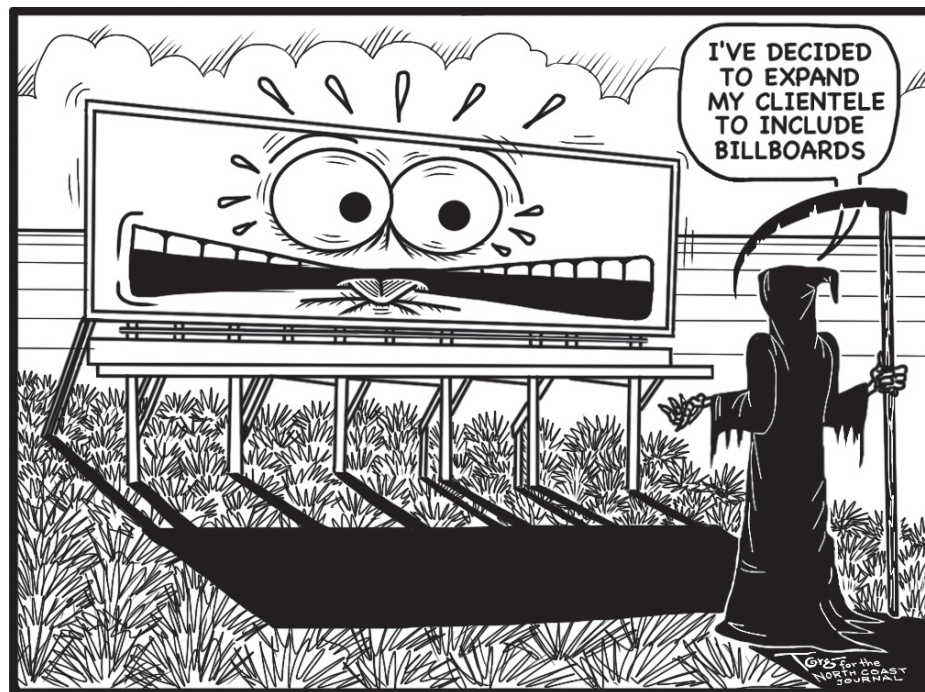
And while Humboldt lives high off the affluent and protected drug culture, the trail of tears goes on. It is class warfare at its most lurid.

Ellen Taylor, Petrolia

My Life, My Choice

Editor:

The excellent article written by Michael Joyce ("End of Life Options," Aug. 18) prompted me to share my own experience



Terry Torgerson

with the St. Joseph Health Care System.

I was hospitalized three times last year in two hospitals managed by that health care system. Let me first state that the nursing care I received was outstanding. However, my experience with advanced health care directives was not. This was not a critical issue until the last hospitalization where I felt the need to make my end of life needs known.

I made a request to the nurse to have someone from their administrative division meet with me so I could give them a copy of my advanced directive. An individual from that department did come up, accompanied by one of the staff nurses. I presented them with the copy, which they reviewed right then. The nurse's response was, "You can't do this. You're too young." I felt completely insulted and responded with the comment, "That is my choice and this is my life."

The matter appeared resolved until the next morning when the hospital chaplain

came in to speak with me. I felt like he had been sent to my room to assess if I was of sound mind. Our conversation was interesting, covering a wide-range of topics from health care to what services are appropriate to facilitate healing. I actually found the conversation to be one of reciprocal respect and openness. And I assume he found me mentally competent because nothing was ever mentioned again.

That said, this is my life and my body. I am adamant about my right to privacy. That includes how I choose to live my life and how to bring closure to my life. That is not for governments to decide, nor hospitals to decide and, certainly, not religious institutions to decide. I believe strongly in my right to make health care decisions for myself and I also believe that we should all respect one another's choices when it comes to end of life decisions.

Laura Madjedi, Kneeland

Continued on next page »

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Mailbox

Continued from previous page

A Valuable Option

Editor:

Having worked as a provider of services to people with disabilities in the Eureka area for over 40 years, I appreciated your balanced assessment of a recently enacted law in California — the End of Life Option Act (Aug. 18).

That the Catholic church would apply religious dogma to deny people the right to make choices about important aspects of their lives is no surprise. Its refusal to allow doctors and patients to follow their own consciences regarding end-of-life options is consistent with its anti-choice positions on other matters.

However, opposition to the End of Life Option Act, by some, not all, organizations advocating for the rights of people with disabilities is misguided. Your article on this subject quotes Diane Coleman at Not Dead Yet as saying, “assisted suicide is a deadly form of discrimination” — presumably against people with disabilities. She further states the bogus slippery slope argument that the End of Life Option Act will be used to do away with people with disabilities.

First, the law applies only to carefully documented cases where a competent adult has been diagnosed with a condition that medical professionals expect to end in death within six months. Having a disability is not, in itself, a terminal illness.

Further, people like Coleman exploit the “better dead than disabled” stereotype that, in our less-civilized past, was in fact used to justify institutionalization and euthanasia of people with disabilities. She then equates reasons given by terminally ill patients in Oregon that opted for a dignified death — “loss of ability to engage in previously enjoyable activities, loss of autonomy, and loss of dignity” — with “disability issues.” Certainly some people with disabilities, especially those acquired later in life through accident or illness, may struggle with those issues, but the point is, only people who have a terminal diagnosis can exercise the option to take control of the impending end of their lives.

We will all face death at some point

The Itch

Often it can't be scratched,
And rarely defined this human itch.

It tickles just beyond reach,
And niggles below the briefness
Of accomplishment.

Some say love is the calming salve,
While some say it is the cause,
And still others blame Job
For forcing the question.

And I once prayed in chapels
That echoed with
Congregational scratching,
The dull pulse of eruption,
And the soft sighs
Of buggering priests.

I have seen the bleeding,
The split and brittle nails
Of those who smile
Propped by hope and delusion.

My father drank to calm his rash,
My mother shopped,
And my lover steeled behind her pride.

Still I find no soothing ointment,
And my dreams and meditations
Have yet to pry the bug from my
Brain.

But sometimes,
Sometimes I glance at the sky
And watch a barn swallow
Bank and glide
Into the healing blue
Of purpose.

— Philip Middlemiss

in our lives, and that is not an easy fact to accept. The End of Life Option Act gives those who may at some point meet criteria for its use the opportunity to take control of that part of their lives with dignity and free from judgment.

Robert C. Van Fleet, Burnt Ranch

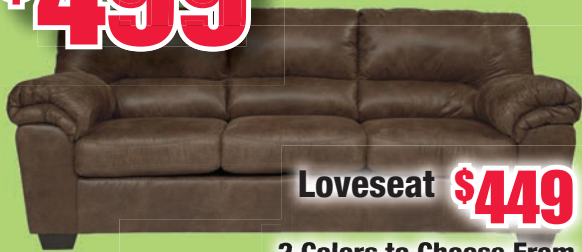
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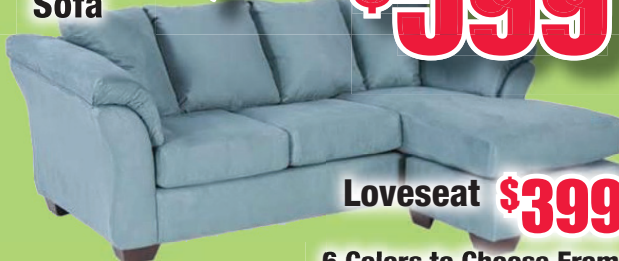


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News

A Waiting Game

Locals eyeing governor's coastal commission appointment process

By Kimberly Wear

kim@northcoastjournal.com

It's a seat at one of the state's most powerful tables. With 12 members handpicked by Sacramento's top officials, the California Coastal Commission determines the future of projects proposed on some of the nation's most scenic and valuable real estate.

Reviled by some as an agency that mires development in a tangle of regulatory red tape, the commission is revered by others as a last protective stand for the state's 1,100-mile-long stretch of shoreline.

In the upcoming months, the North Coast's seat will be coming up for appointment after voters handed the current representative, Del Norte County Supervisor Martha McClure, a resounding defeat in June.

That means the door is swinging open for supervisors, mayors and city council members from the counties of Humboldt, Mendocino and Del Norte to throw their hats into the ring.

The process appears relatively simple on paper.

Gov. Jerry Brown has 60 days from the time McClure's term ends in December to make the appointment, according to his office. He could also remove her earlier, if he chooses.

He has four appointees on the commission, including the North Coast seat, with the Senate Rules Committee and speaker of the Assembly selecting the remaining members.

At some point, Brown will send out a request for nominees to each board of supervisors in the tri-county region, as well as city selection committees — locally, the Humboldt County Associations of Government board — which will have 45 days to send a list back. That triggers a 30-day window for Brown to make the appointment or reject the nominees. The latter option restarts the process from scratch.

The governor's office declined a *Journal* public records request seeking applications or letters of interest pertaining to the seat sent by North Coast elected officials, citing the deliberative process privilege.

Brown's Deputy Press Secretary Gareth

Lacey said in an email that the office's "aim when filling any vacancy is to select the best possible candidate from a broad and diverse pool of qualified applicants."

The commission — an even mix of six elected officials and six members of the public at large — has been in the hot seat in recent months following a 7-5 vote in February that ousted then commission Executive Director Charles Lester.

Highlighting a deep divide on the quasi-judicial body, the controversial decision sent ripples up and down the coast for what some saw as a first step toward unraveling the fabric of coastal protections created by voter initiative in 1972.

It also spurred proposed state legislation centered on the conduct of commissioners, especially their contact with parties having an interest in decisions before the panel — known as ex parte communications — which have been the focus of recent news coverage, including a *Los Angeles Times* series.

Amid that backdrop, the North Coast selection process is set to begin.

While Humboldt Baykeeper Director Jennifer Kalt and Humboldt Coalition for Property Rights Co-founder Lee Ulansey are normally on opposite sides of the aisle, both see a potential for positive change in the shake-up.

Kalt said the media attention has placed the panel under a microscope.

"I'm really glad the coastal commission is under so much scrutiny because a lot of shenanigans went unnoticed because no one was paying attention," she said.

Recent *Los Angeles Times* articles by writer Steve Lopez chronicle the sometimes cozy relationships between developers and commission members.

That included Commissioner Mark Vargas' private meeting with U2 band member David Evans, known as The Edge, before he voted to approve the guitarist's plans to build five mansions in Malibu, as well as McClure's stay in a villa owned by Don Schmitz, "a consultant who owns a Malibu winery and is a regular presence at coastal commission meetings."



What can be built on all of Humboldt's coastal dependent land? Ultimately, it's the California Coastal Commission's call. *File*

Moving forward, Kalt said the North Coast needs a representative who will be responsive to all constituents, "not just project proponents."

"The three North Coast counties really encompass a lot of the most pristine remaining coastal resources in the state," she said. "Having a representative on the coastal commission who believes in the mission of the Coastal Act is critical."

Ulansey, who serves on the Humboldt County Planning Commission, said one of the main issues facing the coastal board is a lack of compromise and an inability to find middle ground.

He said Lester's firing and McClure's subsequent loss at the ballot box — she voted with the majority to determine Lester's fate — could result in both camps thinking they've won when it comes to the commission's future.

"I'm not sure that's good for the coast," he said.

When California residents voted to protect the coastline, Ulansey said, that didn't mean "taking people out of the coastal environment."

Appropriate development, he said, can help protect the environment by prompting the cleanup of denigrated lots and creating a tax base to support the stewardship of coastal properties.

"I think you need to have an open mind. If presented with a coherent argument, you need to be prepared to change your perspective," Ulansey said. "I think that is missing from the coastal commission and I think that's missing from elected officials across the country."

No one is going to get rich taking the appointment. It's a lot of work for a \$100 per diem, with monthly meetings at rotating locations across the state.

Incoming 3rd District Supervisor Mike Wilson said that schedule will be a daunting task for whomever takes the North Coast seat.

"It's definitely a bigger challenge for folks

in more remote areas, just from a logistical perspective," he said. "The meetings are three days a month, with travel back and forth. If you have a family and other commitments and the responsibilities of whatever your elected post may be, it can be challenging. The work load is pretty intense."

Asked whether he would consider applying, Wilson replied: "At the moment, my focus is on preparing for my job as a supervisor."

Things got a little prickly the last time out.

First, in a parting salvo before leaving office, then Gov. Arnold Schwarzenegger announced in late 2010 that he intended to fill the slot being vacated by former Humboldt County Supervisor Bonnie Neely after she lost her longtime seat in an upset to current 4th District Supervisor Virginia Bass.

An uproar over the board of supervisor's initial nomination of 3rd Supervisor Mark Lovelace — at the time the only candidate to step forward — ensued.

With his decision not to seek reelection, Lovelace is no longer a contender.

In the end, a list of several names was sent to Schwarzenegger, who appointed then Fortuna Councilmember Ken Zanzi. His time was short lived. When Brown took office a month later in 2011, he removed Zanzi and sent out another request for nominations.

Take two proved to be equally divisive. In the end, Brown selected McClure, who became the first coastal commission representative from Del Norte County.

Some have speculated that McClure's loss in June was related to her vote to fire Lester, but it also came amid an ethics probe and a few months after a Lopez piece detailed his profanity-laced conversation with the Del Norte Democrat, in which he wrote, "There is not a sailor, alive or dead, who can match her."

More recently, she was fined \$1,215 for failing to timely file six consecutive semi-annual campaign statements in 2013, 2014

and 2015, according to the Fair Political Practice Commission.

McClure did not return an email and phone calls seeking comment.

While talk is circulating about possible replacements, no one has publicly stepped forward.

On the Humboldt County nominee front, the potential lineup is subject to change in the November — with several council seats up for election in cities across the region.

Of the original field sent to Brown in 2011, only Bass remains in office.

"I certainly had my interest, and would be interested, but I understand there are several people in our local community who might also be interested," Bass said.

Fifth District Supervisor Ryan Sundberg, who has the potential to be the first Native American appointee, did not respond to phone calls nor did 2nd District Supervisor Estelle Fennell. First District Supervisor Rex Bohn said he's "not interested at all."

Sundberg did send his resume to the governor's office — at its request — in June, according to an email the *Journal* received as part of a public records request for correspondence between the supervisors and Brown relating to the coastal commission appointment.

A June 20 email from Heather Hostler, Brown's chief deputy tribal advisor, to Sundberg as well as his uncle and Trinidad Rancheria Chairman Garth Sundberg references a conference call scheduled with Tribal Advisor Cynthia Gomez for the next day to "discuss the Coastal Commission appointment."

Concerns have been raised about the Coastal Act's lack of protections for tribal resources, the need for the commission to develop tribal consultation procedures and the absence of a Native American representative in the board's 42 year history.

The appointment comes at a time when several local projects are being readied to go before the commission, including the Samoa Town Plan, the U.S. Highway 101 safety corridor project and the county's proposal to amend the Local Coastal Plan by loosening coastal dependent zoning restrictions on land around Humboldt Bay.

Bass said she would prefer a representative from Humboldt County be appointed to the seat, not because Del Norte or Mendocino lack qualified applicants but due to Humboldt's producing the majority of regional actions going before the commission.

For the time being, it's a waiting game.

"I've talked to several people who seem interested in the appointment and it will be interesting, once the process gets started, to see who is really going to step forward," Kalt said. ●



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Media Maven

Let it All Out

By Marcy Burstiner

mediamaven@northcoastjournal.com

It used to be way easier to keep a secret. It is pretty close to impossible these days. But it seems the harder it is to keep a secret, the harder government agencies work to try to do just that.

When I heard the news in June that someone had hacked into the emails of the Democratic National Committee I had the same response as when I learned about the hack into the email accounts of the Sony movie studio several years ago: Who would write stuff in an email that would cause tons of damage if it got passed around?

Years and years ago, a friend of mine lost his job because he trash talked his boss in an email he mistakenly sent to ... his boss. But even if he hadn't been such a lamebrain, he had no assurance that his email wouldn't eventually get back to his supervisor. Once you hit the send button, the email is out of your control and all it takes is the recipient to forward it on. When someone wants to converse about something controversial in an email, this is my standard response: Let's talk.

Wikileaks taught us that just about any server is hackable. That was before the launch of the learn-to-code movement. Now schools across the country are teaching an army of school kids to code. What do you think bored teens will do with this skill? Did you not see the movie War Games? But it would be ridiculous to try to protect privacy by not teaching kids to code.

Some things need to be kept secret. It wouldn't be good to have the locations of

nuclear weapons fall into the wrong hands. But then again, if we didn't have weapons so powerful we could never actually use them, there wouldn't be any danger of them falling into the wrong hands, would there? I digress. Much of what people and governments try to keep secret isn't such a danger. The ramifications of disclosure are often more embarrassing than dangerous.

I embarrass easy. I used to be paranoid about having my photo online. I obsessively de-tagged myself when friends posted photos of me. I de-friended my husband on Facebook when he posted a photo without my permission. But over time, I realized that I couldn't fight that. Just about everyone gets memed these days and survives. I learned to be Zen about bad photos or anything demeaning about myself I might stumble upon online.

I find it a better expenditure of energy to try to act in ways that won't embarrass myself and to own up to any mistakes I do make. We are all human and we all do stupid things from time to time. I think the Internet is teaching many of us this simple rule.

But it seems that some government officials, in contrast, are doubling down on non-disclosure.

Consider the extraordinary lengths to which some local journalists have had to go to access public information.

Early this year, a superior court judge ordered the Humboldt County Fair Board to pay Davis attorney Paul Nicholas Boylan \$45,000 after losing a suit over public records that he filed on behalf of the *Ferndale Enterprise*. *Enterprise* publisher

Caroline Titus got another \$150,000 from the fair board in a legal settlement that stemmed from years of harassment culminating in the firing of her husband as manager of the fair, allegedly in retaliation for her relentless coverage of the organization.

The city of Eureka spent almost two years fighting a request by the *North Coast Journal* for a police dash cam video of the arrest of a juvenile. And it will likely have to pay Boylan another tidy sum for his representation of the *Journal* before the California Court of Appeals, which ruled in the paper's favor last month. Eureka had argued that the video was a part of a personnel file and that made it confidential. The court disagreed and told Eureka to release it.

When government agencies withhold information, people suspect that officials are trying to cover up bad or illegal behavior. Cover-ups are often worse than the crimes committed.

In May, San Diego District Attorney Bonnie Dumanis told the *San Diego Union-Tribune* that her department would routinely release police video of every officer-involved shooting, unless the officer involved is charged with a crime. In those cases, the video would be withheld until entered as evidence in a courtroom. Before announcing the new policy, Dumanis had fought the release of police videos. But across the country, police agencies are finding that withholding information causes more anger and harm in the community than releasing it.

It tires me out just thinking about the energy some people spend to keep information from the public. And the public's imagination goes wild when information is withheld, while that same public is often forgiving of transgressions when officials voluntarily fess up to them.

Governments keep so much information classified with little justification. If more were made available to the public and less kept out of the public's reach, it might be easier to protect truly sensitive information from the hands of hackers.



Marcy Burstiner is chair of the Department of Journalism and Mass Communication at Humboldt State University.

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Week in Weed

Continued from previous page

children of hard-working immigrant entrepreneurs who had the vision to get in on the ground floor of the pot economy.

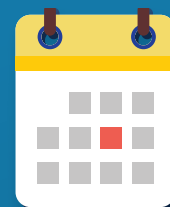
Granted, the pot economy is not pretty, but neither was the gold rush, nor the timber rush. There are lots of problems in the weed industry, but the main problem isn't the who, but the what. Time spent pointing fingers at the people who talk and look different than us is time wasted. Time spent actually getting to know your neighbors, convincing them to drive a little slower or showing them how to store water, is incremental work, but it's ultimately more productive. And if you have proof that Eastern Europeans specifically are eroding our culture and landscape, for goodness sakes, bring it to me. But don't cry "Bulgarians!" as a shorthand for your fear and insecurity.

A few weeks ago I ran into a neighbor who had read my article on mixed-light grows and light pollution. He liked it! He agreed with me! It was thrilling, to be honest, and now he says there's at least one less greenhouse blurring the night sky in the Mattole. But his buddy the next ridge over had dismissed it at a glance.

"She's not even from around here," he said.

Editor's note: In the interest of full disclosure, Linda Stansberry has had Bulgarian neighbors since the 1990s and in the past happily accepted gifts from them. Specifically, one of them gave her a Walkman for her 10th birthday, back when a Walkman was expensive and pot was much more illegal than it is now. Make of that what you will.

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A Deadly Toll

Humboldt County saw its homicide tally spike last week when an armed police standoff met a deadly end and a pair of Southern Humboldt deaths were deemed killings.

The standoff began as a dispute between David Alan Fulton, 59, and his landlord at the Redwood Creek Apartments in McKinleyville, after Fulton's car was towed from the property on the morning of Aug. 17. Fulton, who reportedly had a history of mental health issues, allegedly fired shots at the manager's office at around 9 a.m. When deputies arrived on scene and contacted Fulton, he fired at them with his rifle before barricading himself in his apartment.

A tense standoff ensued that saw the sheriff's office use an armored personnel carrier to evacuate people from neighboring apartments and a pair of SWAT teams standing by. The standoff spanned more than 12 hours and stretched into the night, as crisis negotiators and mental health workers tried to talk Fulton out of his apartment. When Fulton stopped answering the phone at around 7 p.m., negotiators used a P.A. system to try to continue the dialogue. Then one last call came from Fulton, who dialed 911 to tell police he and his girlfriend would not come out.

At around 1 a.m. on Aug. 18, more shots were fired at officers, prompting the sheriff's office to send a flash-bang device, which emits light and a loud sound, through one of the apartment's windows.

A few minutes later, Fulton's girlfriend fled the apartment for the safety of the sheriff's mobile command center set up nearby. Fulton then allegedly fired off his rifle a few more times in the apartment and set several fires, which sent smoke billowing out of the windows. At about 2 a.m., Fulton came out the apartment's front door and allegedly started shooting. Multiple officers returned fire and Fulton was shot and killed. He was pronounced dead at 2:05 a.m.

That same day, the sheriff's office announced that it had determined that the death of 52-year-old Stephanie Fay Gawboy, who was found dead in her Redway home, was not a suicide, as originally reported, but a homicide. A short time later, news broke that the death of Hugh Duggins in early January was the result of "asphyxia by neck compression" and also a homicide. Duggins' body had been found Jan. 12 by someone walking a dog along Alderpoint Road, between Dyerville Loop and Bell Springs roads, where it is now believed to have been dumped.

Together, the three killing push Humboldt County's homicide total for the year to nine, including four shooting deaths. According to the Humboldt County Coroner's Office, the county recorded 16 homicides in each of 2014 and 2015, with 23 of the 32 caused by gunshot wounds.

— *Thadeus Greenson and Linda Stansberry*

POSTED 08.18.16 FOR THE FULL VERSION OF THIS STORY, VISIT WWW.NORTHCOASTJOURNAL.COM

Salmon(less) Festival



The Klamath Stick game team represents from a truck in a parade during the 54th annual Klamath Salmon Festival on Aug. 20. For the first time in the event's history, however, there was no salmon, as fish counts in the river have come back with dwindling numbers, which the Yurok Tribe blames on poor management practices, prompting the tribe to forgo preparation of the food that has been a staple in the tribal diet for countless generations. POSTED 08.22.16

— *Mark Larson*

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For the news as it develops and all you need to understand politics, people and art on the North Coast, follow us online.

Desperately Seeking City Manager: The city of Fortuna is on the hunt for a new city manager after Regan Candelario announced he'll be vacating the post he's held for four years to take the same position in Novato. The "Friendly City" will be accepting applications until Sept. 22. Candelario is slated to start in Novato on Oct. 24. POSTED 08.20.16

Registration Deadline Passes: As the Journal went to press, the deadline for folks to register their existing commercial marijuana grows with the county, a first step toward gaining a "good standing" designation that would put farmers in the front of the line for state licenses. At last check, the county had received about 1,000 registration packets. POSTED 08.17.16

Morphing Marquees: There are some big changes on the Arcata movie scene, with news that the popular Arcata Theatre Lounge is up for sale with an asking price of \$1.85 million. Meanwhile, a couple blocks away, the newly refurbished, yet still historic, Minor Theater has set a Sept. 16 date for its red carpet premiere. POSTED 08.22.16

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Digitally Speaking

1 The number of candidates that qualified to run for three open seats on the Blue Lake City Council, which will decide how to move forward at its next meeting. In all, 20 candidates qualified to run for council seats throughout Humboldt County. See the full list at www.northcoastjournal.com. POSTED 08.18.16

They Said It

"When a person engages in a dangerous, provocative act and a death results, he or she may be held criminally responsible even if the actual killing was at the hands of another."

— *Humboldt County District Attorney Maggie Fleming, explaining how Samuel Hawken, 32, of Crescent City, was sentenced to 7 years in prison in a voluntary manslaughter plea agreement stemming from the death of a man he didn't kill. POSTED 08.17.16*

Comment Of The Week

"GOOD! I was boycotting the business that advertised on them anyway!"

— *Pat Engness, commenting on the Journal's website about a story about Caltrans' announcement that it has struck a deal to remove the 10 billboards on the bay side of U.S. Highway 101 between Arcata and Eureka. POSTED 08.19.16*



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Prepare for Impact

A new vaccination law has school administrators caught between a needle and a hard place

By Thadeus Greenson

thad@northcoastjournal.com

As the first day of school approaches, there's an anxiety building in many administrative offices throughout Humboldt County. The anxiety doesn't seem to be pervasive, but cloistered in different pockets throughout the region. And it centers around a simple question: Will students show up?

It's not your typical first day of school stress, but this isn't your typical year and Humboldt isn't your typical California county.

"We have to wait and see how it shakes out," said Stephanie Steffano-Davis, principal of Whitethorn Elementary. "But at this point, what I'm hearing is that vaccination is an issue for a lot of people and they're looking at alternatives. A lot of people are looking at alternatives to public education."

With a new state law on the books that mandates that just about every child in California be fully vaccinated for 10 communicable diseases before attending school, some, like Steffano-Davis, are worried about the impacts. And they could be dramatic. Humboldt County, which ranked 52nd of California's 58 counties in vaccination rates for incoming kindergarteners last school year, when

10.4 percent of Humboldt's 1,741 kids entered school with a personal belief exemption (PBE) that side-stepped mandatory vaccinations.

But the issue is far from equally spread throughout the county. Vaccination beliefs seem to have a

"A lot of people are looking at alternatives to public education."

— Stephanie Steffano-Davis, principal, Whitethorn Elementary

cultural component that leads to geographically clustered families who believe vaccination isn't in their children's best interests. Consider that 78 of Humboldt County's 181 kindergarteners with personal belief exemptions last year came from four schools. Or that if the law had gone into effect last

year, Coastal Grove Charter School in Arcata would have seen its incoming kindergarten class drop from 28 students to just nine.

Of course, the hope with the new law is that parents will opt to vaccinate their children and send them to school. But there's a lot of uncertainty, in Humboldt County, anyway, as to whether that

will happen. Some families clearly are not going to do it.

Take Tenae LaPorte, who has quit her job in a local dermatologist's office to homeschool her children. She had planned on sending them to Fieldbrook Elementary but is dead set against vaccinating them. "We can do this," LaPorte said of homeschooling and shifting her family from a two- to a one-income household, "because it's currently our only option we are willing to take."

By any measure, California's mandatory vaccination law, Senate Bill 277, has been controversial.

Prompted by increasing rates of unvaccinated children, coupled with a recent measles outbreak at Disneyland that saw more than 40 people infected in just a few days and a state-declared whooping cough epidemic, S.B. 277 promised to take California from being one of the least stringent in the country to one of the most. The law did away with personal and religious belief exemptions, saying that — absent a legitimate medical reason — all students would need to be fully vaccinated to transfer to a California school from out of state, enter childcare, kindergarten or seventh grade. While the law grandfathered in some students with personal belief exemptions, it essentially ensures that all public school students who are medically able will be vaccinated within six years.

As the bill approached a vote on the Senate floor last summer, its opponents charged it violated their civil rights and religious freedoms, comparing it to something that would have spawned from Nazi Germany. The bill's propo-

nents, meanwhile, brought in a 7-year-old leukemia patient as the bill's poster child, arguing the bill would protect him and his weakened immune system, which couldn't handle shots, from preventable diseases. By the time the bill had passed and been signed into law by Gov. Jerry Brown, its author had received death threats and attempts were already underway for a ballot measure to overturn the new law (it ultimately failed to qualify).

It's easy to understand the controversy. After all, the bill mandated a medical treatment for children that some fear has adverse health impacts, with state lawmakers essentially telling parents: We're putting public health before your concerns for your immediate family.

"The science is clear that vaccines dramatically protect children against a number of infectious and dangerous diseases," Brown wrote in his signing statement for the bill. "While it's true that no medical intervention is without risk, the evidence shows that immunization powerfully benefits and protects the community."

But the bill also did something many in the public didn't

expect: It put schools on the front lines of California's immunization war. Because the Legislature didn't want to fund an enforcement mechanism, it simply made vaccinations a condition of education and forced

At a Glance: SB 277

- Eliminates the personal and religious belief vaccination exemptions
- Requires parents or guardians to fully vaccinate children before entering them into child care, kindergarten and seventh grade, and before transferring them into California schools from another state or country
- Allows students with an existing personal belief exemption on file to continue in school until the next transition (kindergarten or seventh grade)
- The law continues to honor and accept exemptions for medical reasons
- Conditional admissions will be available for students behind on their immunization but in the process of getting them
- Requires schools to keep immunization records for all students and report them to the state
- Requires that students be immunized against 10 diseases: diphtheria, hepatitis B, haemophilus influenza type B, measles, mumps, pertussis, poliomyelitis, rubella, tetanus, chickenpox

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On the Cover

Continued from previous page

administrators to be the gatekeepers.

"We are very frustrated that we are now the immunization police," said Julia Anderson, the executive director of Beginnings in Brice Land, which includes Skyfish elementary school and a child care center. "This new law has a lot of parents in a total uproar."

While the new law may have parents in some communities in an uproar, administrators at the schools that will potentially face the biggest impacts don't seem to want to talk about it. Scores of calls and emails to administrators at schools with historically large numbers of personal belief exemptions went unreturned. When administrators did reply, the response was generally curt.

"We don't know the impacts yet ... won't know until we see how many students arrive on August 25th," wrote Catherine Scott, superintendent of Southern Humboldt Unified School District, in an email. The district is home to Miranda Junior High, where 26 of 60 students entered seventh grade last year with a personal belief exemption and without all their required vaccinations. Phone calls and a follow up email asking for additional information went unreturned.

It's not difficult to understand why administrators would be on edge given what's at stake. In California, school funding is tightly tied to enrollment and attendance. That means parents' deciding that homeschooling their children is preferable to vaccinating them has a direct impact on school budgets and, consequently, staffing.

Consider the case of Coastal Grove Charter School in Arcata, a Waldorf inspired school that serves about 230 students in kindergarten through eighth grade. According to the state, only nine of its 28 kindergartners started last year up to date on all their vaccinations (19 had PBEs). Its seventh grade class last year saw nine of its 25 students enter the grade with a PBE and without required vaccinations. If those numbers carried over to this

"I don't want to hypothesize about [enrollment impacts] at this time. It's best not to make dire predictions."

— Stephanie Steffano-Davis

“We are very frustrated that we are now the immunization police. This new law has a lot of parents in a total uproar.”

— Julia Anderson,
executive director,
Beginnings

year, the school would have to turn away 28 students, or about 12 percent of its student body.

According to Lynette Kerr, chief business official at the Humboldt County Office of Education, state school funding is a complex formula that's hard to convert into simple math. The per-pupil rates the state pays schools fluctuate by grade span, are contingent on attendance figures and can include additional supplemental funding for districts that have high rates of poor students, English language learners and/or foster youth. But Kerr said the base funding rate from the state for this school year is about \$7,820 for kids in kindergarten through third grade and about \$7,400 for seventh and eighth graders.

Going back to Coastal Grove, if the school were to see those 28 students vanish from its rolls this year, that would represent a funding reduction of more than \$215,000. And it's worth noting — especially as many of the Humboldt County schools with the lowest vaccination rates are charter schools — that while the state funds traditional public schools based on the prior year's enrollment numbers, it funds charter schools based on the current year. That means if a charter school sees enrollment drop by 28 students this year due to vaccination concerns, or anything else, it would have to find and cut roughly \$215,000 in this year's budget.

So administrators are anxious. But Kerr said that while she'll often get a flurry of calls from a principal or superintendent concerned about a pending enrollment drop, asking her to run some financial numbers, she said she hasn't gotten any in the lead up to this school year. She said she's not sure why. Whatever the reason, she said she expects the calls will start along with the school year.

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On the Cover

Continued from previous page

CHILD CARE

Location	% of entering students with PBEs
Mono	11.7
Humboldt	11.1
Siskiyou	10.7
Statewide	2.3

Personal Belief
Exemptions
(PBEs)
2015-2016

Source: California Department of Public Health
records for the 2015-2016 school year

KINDERGARTEN

Location	% of entering students with PBEs
Nevada	18.4
Trinity	14.4
Mariposa	13.4
Mono	11.1
Calveras	10.5
Humboldt	10.4
Statewide	2.4

HUMBOLDT CHILDCARE FACILITIES
with the Highest PBE rates for incoming children

Name	Location	% entering with PBEs (# with PBEs v. total incoming enrollment)
Humboldt Stepping Stones	Garberville	59 (13 of 22)
HSU Child Development Center	Arcata	37 (13 of 35)
Salmonberry Preschool	Trinidad	36 (8 of 22)
Little Redwoods Preschool	Redway	34 (13 of 41)
Turner's Learning Center	McKinleyville	22 (5 of 23)

HUMBOLDT ELEMENTARY SCHOOLS
with the Highest PBE rates for Incoming Kindergarteners

Name	Location	% entering with PBEs (# with PBEs v. total incoming enrollment)
Coastal Grove Charter	Arcata	68 (19 of 28)
Mattole Valley Charter	Petrolia	60 (38 of 63)
Fuente Nueva Charter	Arcata	39 (9 of 23)
Garfield Elementary	Eureka	36 (4 of 11)
Trinidad Elementary	Trinidad	32 (7 of 22)

Down in Whitethorn, Principal Steffano-Davis sighed when reached by phone and asked about the potential enrollment and funding fallout of S.B. 277. "I don't want to hypothesize about that at this time," she said. "It's best not to make dire predictions."

In part, it's hard to predict the fallout from the new law because it's pushing some families into uncharted territory. Parents who thought they would never vaccinate due to health or religious concerns are now being forced to prioritize that against the vision they had for their children's education.

Tenae LaPorte and her family in McKinleyville are an example of that. Last year, LaPorte's oldest daughter was in first grade at Fieldbrook Elementary School and the family loved the small country school and the education she was getting there. LaPorte and her husband have two other kids as well — a 5-year-old girl and a 4-month-old boy. The plan was for them all to attend Fieldbrook. But, with the passage of S.B. 277, that plan has changed. LaPorte said she initially tried to find a way to keep her girls in school together but ran into lots of confusion about the law before finally determining it wasn't going to be possible. The oldest of her girls

"(Lawmakers) definitely
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I'm hoping children
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That's what I want
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to educate kids."

— Stephanie Steffano-Davis

could have stayed enrolled at Fieldbrook until seventh grade, but LaPorte said she saw too many problems with sending one girl off to school every day while homeschooling the other. She's now enrolled them both in a home school program through Aldergrove Charter School in Eureka.

LaPorte, who's now leaving her job, said home schooling was something she always thought would be "cool" in the abstract. Now, formulating lessons and plans for

two separate grade levels will become her reality. She said she feels like she doesn't have a choice in the matter.

And that's a hard position for a parent. "Homeschooling is not for everyone," explained Julia Anderson, the executive director at Beginnings, adding that it takes a tremendous dedication of time and energy for a parent to give their children a good education at home. The new vaccine law will have impacts on some of the support systems set up for homeschoolers, as well.

A number of schools in Humboldt offer independent study models in which parents provide most of their children's instruction, but have a credentialed teacher helping to guide the curriculum. This type of model could be an attractive option for some schools and districts that see a threat of declining enrollment due to the new vaccine law, as it keeps students technically enrolled at the school, securing their funding allotments from the state.

But a lot of these programs are somewhat of a hybrid model, relying on some in-class instruction for labs, learning activities and small group discussions and activities. Some models have students attending a learning center multiple days a week. But, under the new law, unvaccinated children will no longer be able to participate in these group activities.

SEVENTH GRADE

Location	% of entering students with PBEs
Alpine	12.5
Nevada	11.87
Plumas	10.44
Tuolumne	9.53
Humboldt	8.85
Statewide	1.66

For more information
on Senate Bill 277
and vaccinations, visit
www.shotsforschools.org.

HUMBOLDT SCHOOLS

with the Highest PBE rates for Incoming Seventh Graders

Name	Location	% entering with PBEs (# with PBEs v. total incoming enrollment)
Coastal Grove Charter	Arcata	36 (9 of 25)
Mattole Valley Charter	Petrolia	53 (17 of 32)
Laurel Tree Charter	Arcata	50 (6 of 12)
Miranda Junior High	Miranda	43 (26 of 60)
Trinidad Elementary School	Trinidad	50 (8 of 16)

Sitting in her office at the Humboldt County Office of Education, Special Education Director Tess Ives said there's one other large issue looming with the new vaccination law: What to do with the thousands of kids in Humboldt County who receive some sort of special education through what's called an individualized education plan, or an IEP.

Under the law, districts and the county are responsible for providing the specialized services these kids need to get an education, a huge spectrum of offerings that range from special day classes to a bit of extra instruction or therapy. Even though schools might not be able to admit unvaccinated children under S.B. 277, that doesn't alleviate their special education obligations.

Ives said her office and districts will be working in the coming weeks and years to figure out what this means on a case-by-case basis. In the case of children with autism spectrum disorder, this may necessitate keeping them in special day class full time, even if they are unvaccinated. For a student with a mild speech impediment, meanwhile, it might mean simply arranging in-home speech therapy for him or her, or arranging the occasional visit to campus to get those services.

"I think we'll be getting calls about it,"

Ives said, adding that it's going to take a bit of time to sort out what this new system of providing services to unvaccinated special education students looks like.

But Ives, who previously led Glen Paul, a school for the severely handicapped that operates on multiple campuses throughout the county, said schools will also have to think about protecting their most vulnerable students. As an example, she pointed to students with weakened immune systems due to illness like leukemia. "We really need to protect the safety of kids who are not immunized because they can't be," she said.

As students return to school throughout Humboldt County in the coming weeks, administrators will be busy checking vaccination records, eyeing enrollment numbers and coming up with specialized plans to meet the changing needs of their student bodies. And in some cases, they'll be revising budgets and maybe even letting teachers go.

And, almost assuredly, they will be turning some children away. That's a new and uncomfortable position for many of them.

"(Lawmakers) definitely put it in the laps of the schools when they made that law," said Steffano-Davis reflectively. "I'm hoping children can go to school. That's what I want to see. I want to educate kids." ●



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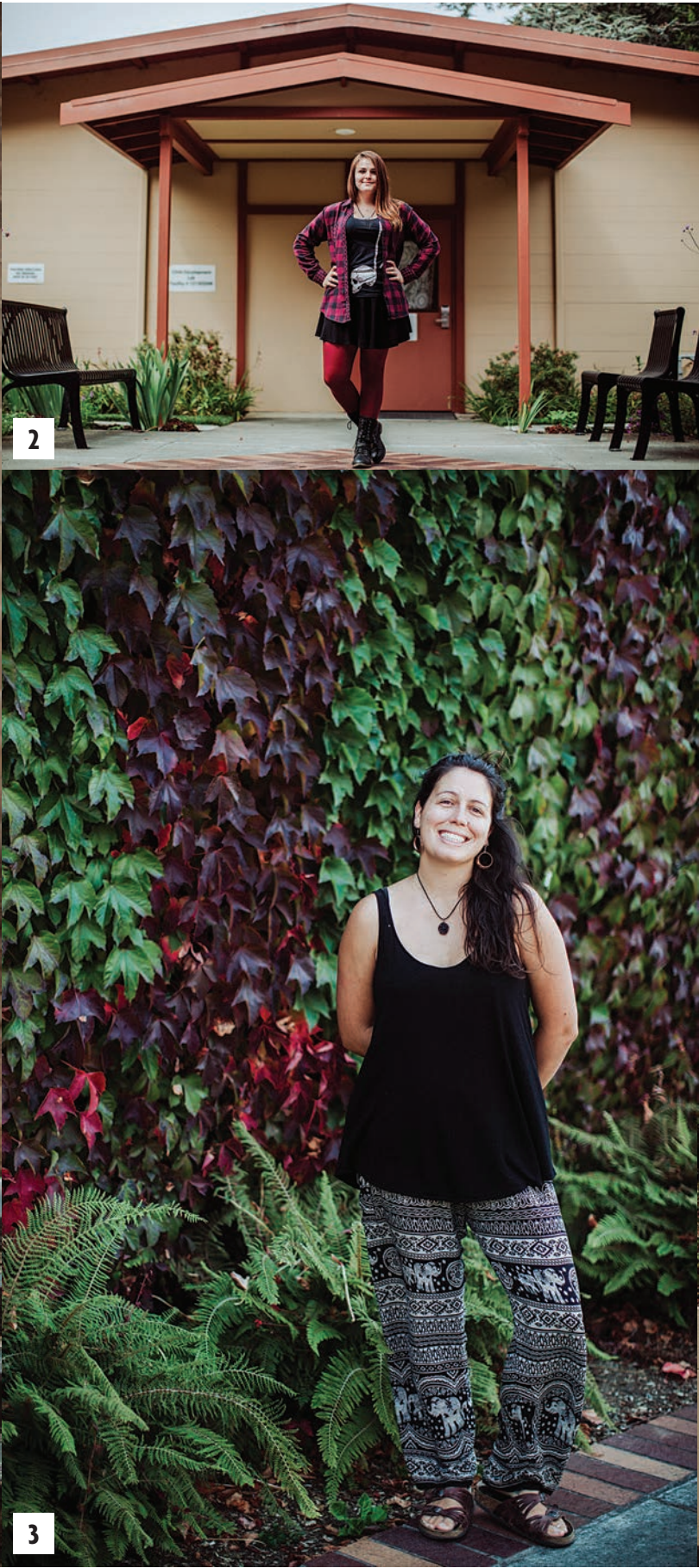
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Style, Class

By Jennifer Fumiko Cahill
Photos by León Villagómez

Dressing for the first day of class at Humboldt State University isn't a high-pressure fashion emergency (you remember junior high). Students roll up in what's comfortable and what speaks to their personalities and their pursuits.

Photographer León Villagómez documented some incoming student style on Monday. For a slideshow of more Lumberjack looks, go to northcoastjournal.com, and check out our Instagram @northcoast-journal.

- 1. Julien Parra, of La Puente, is a junior wildlife major who loves the “super green and gloomy” landscape around here. He’s blending in the classic HSU uniform of flannel and jeans.
- 2. Psychology senior Sarah Den Hoed



4



5



6

from Hemet is wearing deep reds and a skull motif from the ominously named designer houses Black Heart and Dolls Kill. Her style icon is the edgy Juliet Simms.

3. Amelia Tigner, of San Diego, is a senior studying child development. She

draws fashion inspiration from friends and wears what's comfortable, like these elephant pants, Birkenstocks and this flowy tank.

4. Megan "Dreddie" McDaniel is a journalism major, but today she's wearing a

comfy outfit for dance class. She gets her outfits from "hitting those thrift stores."

5. Max Oswald of Ukiah is a senior in criminology and he's not afraid of a little color or a vacation vibe in his Hawaiian shirt and flip flops.

6. Mark R. Bacerra, originally from Ventura, is a senior studying oceanography. He's garnering cred in his Arts and Music Festival volunteer shirt. His style icon skateboarder Heath Kirchart would likely approve. ●

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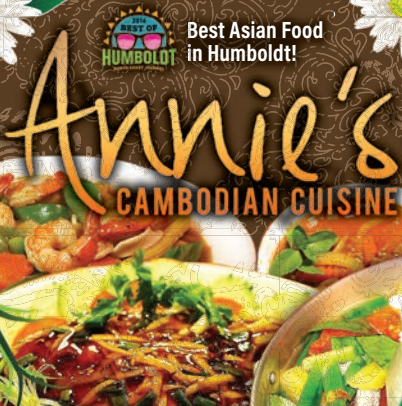
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Table Talk



The champion with a little garnish, because we're not animals.

Photo by Jennifer Fumiko Cahill

Ramen Rumble

Instant noodles, slurped and ranked

By Jennifer Fumiko Cahill

tabletalk@northcoastjournal.com

Before I went to college, I had no idea white people ate ramen. In my hometown in upstate New York, noodles were too exotic. If you were broke, you ate spaghetti with sauce from a jar, potatoes or bologna sandwiches. Ramen was either the dreamy bowl we traveled to sigh over in a restaurant or the crinkly NASA packet of instant noodles we boiled, strained and dressed with an egg, cooked spinach, scalions and sliced meat. Just like the picture.

Since first recoiling at the sight of a classmate slicing a hot dog into a cloudy pot of Top Ramen, I've come to appreciate its virtues beyond my family's version. For most, ramen is the staple of the strapped, a 29-cent meal that fills the belly and (with the magic of MSG) hits all the flavor notes, hammering on the salt and umami with its soft, fatty, comforting coils and brown broth. It allows the young and improvident, yet unburdened by thoughts of nutrition and mortality, to put more in the beer budget than the vegetable crispier. It takes but a few minutes to boil, mix and eat over the sink straight from the pot, making room in the student's schedule for other things — sometimes even studying.

And — even if you've subsisted on shrink-wrapped cases of chicken, beef, shrimp or Oriental (what the hell is Oriental flavor exactly?) until in a moment of financial frustration you shook your fist and swore to the skies, like Scarlett

O'Hara, that you'd never eat instant ramen again — it still kind of tastes good.

Hey, no judgment.

In fact, if you're prepared to splash out, say, anywhere from a buck to a high-rolling \$2.99 a package, it tastes even better. We went to Little Japan Market (2848 F St., Eureka), where shelf after shelf of instant noodle options — udon, soba, cellophane — threaten to overwhelm, and dug our chopsticks into 10 contenders in the ramen category, sticking to the basic soy sauce-based soup with a *tonkotsu* bone broth, as well as a couple of popular Korean kimchi wild cards. We sipped, slurped and scored each entry on soup flavor, quality of noodles and whether or not we would eat them outside of a poverty scenario for an overall 10-point scale. Finally, once the salt swelling and the MSG hallucinations receded, we changed out of our splattered shirts and tallied up the numbers for the ranking here.

A couple of pro tips: With packaged noodles, straining and rinsing the noodles makes a difference, as does whipping up the soup separately. And if you're eating at the office but don't want the guilt and shame of Styrofoam, stick to the paper bowls or invest \$3.49 in the microwavable noodle bowl and lid to cook your favorite flat-package variety in about three minutes. Maybe toss on a handful of mung bean sprouts so your mother won't worry. And don't eat over the sink. OK, now we're kind of judging. ●

RAMEN RUNDOWN	
	10 Goku Uma, Soy Sauce Flavor \$2.49 The bits of cabbage reconstituted well, but neither the overly salty soup nor the thicker, doughy noodles fared well. Still a step up from Top Ramen, but save it for stocking the bunker. SCORE: 5.6
	9 Shirakiku Shoyu Ramen \$0.79 Thin pale noodles and bland broth didn't impress, and most testers gave it a pass outside of emergency MRE rations. SCORE: 5.8
	8 Charumera Soy Sauce Flavor \$1.39 With its simple, earthy soup and thin, chewy noodles, this vintage brand charmed a few, but others found the flavor "like cardboard." SCORE: 6.2
	7 Menraku Japanese Ramen, Soy Sauce \$2.49 The dark soy soup flecked with scallions and springy noodles won it a "solidly OK" and a place on the grocery list, even on pay day. SCORE: 7
	6 Super Big Ramen \$2.69 A few folks found the texture of these springy spirals "weird," and the soy sauce flavor a bit strong and salty. Still, floaty bits, like pink-swirled <i>kamaboko</i> fish cake, added freeze-dried fun. SCORE: 7.2
	5 Nongshim Bowl Noodle, Kimchi \$1.39 This spicy number was the hottest contender, which took it out of running for at least one tester. The substantial noodles were enjoyed, and the salty red pepper broth was deemed great for a cold. SCORE: 7.93
	4 Myjo Creamy Tonkotsu \$2.99 The rich, milky seafood soup was deemed "weird but good," as were the udon-like noodles, though they stuck together and broke upon stirring. Tasters decided this dark horse was worth the splurge. SCORE: 8
	3 Sapporo Ichiban – Original Flavor \$0.89 Who knew? Closest to old-school Top Ramen in texture but with a flavor upgrade, the fat, curly noodles absorb the salty goodness. No reason to wait for the end of the month. Use a fancy bowl. SCORE: 8.83
	2 Nongshim Shin Bowl \$1.49 One tester prematurely proclaimed, "Winner, winner, ramen dinner!" The classic Korean standard has thick, soft noodles like Sapporo but its red-hot broth has oomph and umami to spare. Appealing even if you have a 401k. SCORE: 9.25
	1 Myjo Chukazanmai \$2.19 The extra packet of sesame oil and concentrated soup base are everything, adding aroma, body and an appealing sheen. The wavy, golden egg noodles are dry rather than fried, for a stretchy, al dente bite that comes closest to the real deal you had in San Francisco that time. Treat yourself. SCORE: 9.6

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Wild Women

The Secret Life of Spantsa and *The Roaring Girl*

By Pat Bitton

frontrow@northcoastjournal.com

Here on the North Coast, we are familiar with the tattooed bars on the chins of Native American women. But imagine the reaction of mid-19th century men and women seeing those markings on a white woman who appeared otherwise no different from them.

That is the position Dell'Arte Community Development Director and faculty member Zuzka Sabata puts her audience in as she recreates the experiences of Olive Oatman, a white girl who spent five years living with tribes in the pioneer West. In ***The Secret Life of Spantsa***, Sabata is Oatman 10 years after her capture, telling her story to the curious to support the sale of a sensationalist biography by the Reverend Royal B. Stratton. Much like an exotic animal, Oatman was put on display — but this was an animal the audience could actually talk to.

The story begins as Oatman's family, part of a breakaway Mormon sect, is set upon by Yavapai warriors. Only Oatman and her sister Mary survive the massacre; they are held by the Yavapai for a year in often-violent circumstances before being traded to the more peaceful Mojave tribe.

Sabata takes us inside the experience by presenting the story in a lecture format, giving the audience the opportunity to ask questions of Oatman. The questions are unprompted and unscripted, so Sabata must respond to those questions as she believes Oatman would have responded. It's a device that brings additional poignancy to the story, as well as raising questions that may never have been answered elsewhere. Was she enslaved or was she adopted? Could she have left of her own volition? Did she even want to leave? How did her religious upbringing play into her experience? Were sexual activities involved? These were, after all, "savages." She was 14 years old when she was taken and 19 when she was returned to the "civilized" world — a time of significant upheaval in anyone's life, never mind Oatman's.

The Secret Life of Spantsa challenges the audience to enter painful places in American history — places that still exist today, if only we are prepared to admit to them. Sabata inhabits the role at a visceral

level in an intense and sometimes violent physical performance that may give even today's audience pause. As a work in progress, the piece has some rough edges and a few representational elements need more explanation than were present in the performance I attended. However, Sabata continues to develop the content through audience talkbacks at the end of each presentation as she seeks to refine it in the context of today's world. It's an important piece of work that is demanding of its audience but with full engagement, the audience has much to gain in return.

The Secret Life of Spantsa plays at The Sanctuary on Aug. 26, the Mattole Valley Community Center on Aug. 27 and Beginnings Octagon on Aug. 28. See the Calendar for details or visit www.zuzkasabata.wix.com.

A strong woman of a very different kind is at the center of ***The Roaring Girl*** by Thomas Middleton and Thomas Dekker, adapted here by Penny Penniston, a rip-roaring, fast moving Jacobean comedy-drama of lust and deceit, morals and machinations. First published in 1611, *The Roaring Girl* is based on the life of Moll Cutpurse, who wore breeches and fought with a sword. While Cutpurse might lead a man along for her own amusement, she has little need of a husband except for one key reason — unmarried women were not permitted to own real property.

And there begins one thread of this intertwined tale, in which a young couple is in love but the young lady does not meet the expectations of her prospective father-in-law, already-married ladies dally with younger men, money changes hands for all the wrong reasons, a lovelorn poet tries to impress Cutpurse with ever-more fanciful feathered headgear, and disguises and deceptions rule the day.

Kelly Hughes puts in a strong performance as Cutpurse, skillfully swashbuckling her way through the twists and turns of the plot. Sebastian Wengrave (Kyle Wear) and Mary Gallipot (Julia Hjerpe) show panache and sensitivity as the star-crossed lovers, while Willie Welton as Mistress Gallipot, Mary's mother, is a touchingly

comedic would-be mistress of a different kind. The object of her affections, Laxton (Laird Allen), along with fellow lads-about-town Jack Dapper (Cameron Griggs), Greenwit (Brandon Thole) and Goshawk (the excellent Chris Moreno), play off each other with great comic timing. Rounding out the mostly well-chosen cast are Ed Munn as Sir Alexander Wengrave, the talented Jenn Trustem as Mistress Openwork, Richard Chase as Master Openwork and the delightfully loquacious Neatfoot, Ray Olson as Lord Noland, Derek Burns as the incompetent conspirator Ralph Trapdoor, and Tess Kraus, Michael Ennis, and Gillian Allen as a chorus of cutpurses.

Calder Johnson and Megan Johnson's costume designs work well, apart from a couple of stray pairs of cowboy boots and some decidedly 21st century jewelry. There were a few awkward silences as essential scene changes took place, but director Caroline McFarland generally keeps things moving snappily along in Brian Butler's set, which seems almost custom-made for the Redwood Park amphitheater. Hot toddies are available, but don't forget extra layers and a flashlight.

A Roaring Girl continues at Redwood Park through Sept. 10. Call 822-5951 or visit www.cityofarcata.org.

Continuing

The animal-filled ***A Year with Frog and Toad*** is also playing in Redwood Park, with comedy and songs for the kids. Enjoy the family-friendly fun Sundays at 2 p.m. through Sept. 11. Call 822-5951 or visit www.cityofarcata.org.

Upcoming

Redwood Curtain Theatre presents ***After Darwin***, a play-within-a-play about a contemporary director and cast bringing opposing 19th century characters Charles Darwin and Robert Fitzroy to the stage. It plays Sept. 8 through Oct. 1. Call 443-7688 or visit www.redwoodcurtain.com. ●



Zuzka Sabata in the one-woman *The Secret Life of Spantsa*.
Courtesy of the artist

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Small is Beautiful

Big yields from little gardens

By Heather Jo Flores

downanddirty@northcoastjournal.com

No car? Use the driveway for deep rolling planters instead.

Photo by Heather Jo Flores

There are plenty of good reasons to develop a skill set for growing food in small spaces. Maybe you only have a tiny balcony with sun for half the day? Or a hot, paved driveway but no other yard? Perhaps you're in student housing? Or maybe it's more of a time constraint: You'd like to have an expansive garden but you really only want to work on it for an hour a week. Or perhaps you just don't really eat that many vegetables and you'd rather just keep it small and simple.

Design Strategies

Thoughtful, specific design is the primary way to get the most yield from the least square feet. Once you understand the principles of building living layers in time, space and function, you will be able to pull more out of gardens of all sizes. When it comes to designing small and/or container gardens, the three most important strategies are using microclimates, creating vertical space and avoiding waste.

1. Make use of microclimates. A microclimate is a spot that is hotter, wetter, cooler, sunnier, drier, shadier, more sheltered from the wind or a combination of any of these. This information is crucial to the design. For example, when you have determined where the hot spot is in your space, you will know where to plant the tomatoes and other summer vegetables like squash, beans, peppers and basil. Into the shady, cooler spots will go the peas and salad greens. Spots with mottled sun? That's where I'd put the kale.

Learn the microclimates of your site. Don't assume that a sunny patio is sunny

in every spot, or that it's all the same temperature. The shady backside of a large south-facing rock will be a different microclimate than the space on the other side of the rock, and plants of different needs will thrive in each spot. Or not. You can also change microclimates by painting things white (to reflect the heat), or by placing rocks, bowls of water and other sun-absorbing items next to plants. You can make shade or build a wind break. Use your imagination to create new opportunities.

2. Maximize margins and vertical space. Google "vertical gardens" for a fun-filled evening of geeked-out garden inspiration. Build shelves, boxes, hangers, free-standing salad walls. Make note of microclimates up high, in corners, hanging from trees. Make vertical plans. Make plans in every direction. That tiny ledge you didn't notice before might be the perfect spot for a pot of oregano.

Think of the garden in 10 layers: roots, ground-covers, annuals, biennials, canes, vines, herbs, shrubs, small trees and tall trees. You don't have to use every layer but it helps to consider them all. Remember air circulation is just as important as soil and water, so don't congest the vertical space, just use it the same way you would a horizontal garden, leaving plenty of elbow room for plants to mature.

3. Avoid Waste. If you already have a garden and are revamping it to make it more efficient, clean out as much as you can so that you can come close to creating a blank slate. Be experimental but don't waste space or time. Make realistic attempts to

raise food that already grows in the area. Keep the garden weeded, swept and free of clutter that infringes on the growing area.

Container Gardens

In an urban area or a college housing situation, you might discover that gardening in built boxes and found containers is the best approach. You can grow food in just about any kind of container, as long as it has drainage and isn't made of something toxic that could leach into your food. I do NOT recommend growing food in tires, railroad ties, painted lumber or treated wood for that last reason. I also do not recommend using terra-cotta pots unless you paint both the inside and the outside of the pot with a water-based latex. (Spray paint works great.) The clay pulls water away from the plants and, unless you live a super rainy place, you don't want your containers to dry out so quickly.

There are many pros to container gardening. They're temporary and easy to move, they can be done on any porch, patio, terrace, rooftop, houseboat, flatbed or driveway. If you include beneficial herbs and flowers in your containers, they will beautify your life year-round. I don't see any actual cons to container gardening but there are a few important things to consider:

1. Soil and Fertility. The more yield you pull out of a section of soil, the more often you need to replenish that soil with fresh nutrients. This is especially true in container gardens because they are isolated and don't have access to the subtle yet powerful and extensive microbial network

in the ground. Top-dress containers twice a year with fresh, finished compost and/or composted horse manure, then mulch on top of that with a mulch appropriate to the crop. (See "Mulch Much?" Nov. 26, 2015.)

2. Watering. Container plants need excellent drainage or the soil will get anaerobic. Drill holes in the bottom of the container and spread a layer of gravel to help the water percolate. Then layer in your fertile soil, plants and mulch. Containers dry out quickly, as do hotter microclimates, so keep that in mind and water about twice as often as you would with plants in the ground. It might seem like you can get away with it, but container gardens that don't get enough water will not yield. Visit them daily with the hose and tune yourself into the needs of your little garden. And that's one of the great benefits of having small gardens: You have the time to really get to know each plant.

3. Weeds and Companion Plants. It makes sense to plant a few different things next to each other in a pot, to create growing guilds that complement each other. Try tomatoes, marigolds and carrots together. But keep in mind that too many plants in one pot will cause all of them to suffer. As a general rule, try to provide at least two gallons of soil for each guild of three to four plants, layered in space and time. Meanwhile, all containers should be weeded meticulously so the chosen crops don't have to compete for water and nutrients. We'll get more into guilds and companion planting next month.





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THE ALIBI 1251 Ninth St., Arcata 822-1575			Nipplepotamus, Year of the Fist (psych-surf punk) 11pm \$5		[T] The Dee Dees, Slutzville (Ramone's tribute, punk) 11pm \$7
ARCATA PLAYHOUSE 1251 Ninth St. 822-1575		Jack Van Geem, Stephanie Webster (marimba) 8pm \$15, \$13			
ARCATA THEATRE LOUNGE 1036 G St., 822-1220	That Indie Night: <i>This Is England</i> (film) 7pm \$4		Elect to Laugh! with Will Durst (comedy) 8:30pm \$20, \$15 advance	<i>Snow White and the Seven Dwarfs</i> (film) 6pm \$5	[W] Sci-Fi Night ft. <i>Love in the Time of Monsters</i> (film) 7:30pm Free w/\$5 food/bev, All Ages
BLONDIES 822-3453 420 E. California Ave., Arcata	Open Mic 7pm Free			Jazz Jam 6pm Free	[M] Trivia Night 7:30pm Free
BLUE LAKE CASINO WAVE LOUNGE 668-9770 777 Casino Way	Karaoke w/KJ Leonard 8pm Free	The GetDown (funk, soul) 9pm Free	Uptown Kings (blues) 9pm Free	Karaoke w/KJ Leonard 8pm Free	[W] DJ D-Funk 9pm Free
CENTRAL STATION 839-2013 1631 Central Ave., McKinleyville	Open Mic w/Jimi Jeff 8pm Free	Karaoke w/Rock Star 9pm Free			
CHER-AE HEIGHTS CASINO FIREWATER LOUNGE 677-3611 27 Scenic Drive, Trinidad		Jimi Jeff & the Gypsy Band (rock and roll) 9pm Free	Pressure Anya (DJ music) 9pm Free	Karaoke w/DJ Marv 8pm Free	[T] Karaoke w/DJ Marv 8pm Free
CLAM BEACH TAVERN 839-0545 4611 Central Ave., McKinleyville	Legends of the Mind (blues, jazz) 6pm Free	Kindred Spirits (bluegrass) 10pm Free			[M] Savage Henry Stand up Open Mic 9pm Free [W] Pool Tournament & Game Night 7pm Free
CRUSH 825-0390 1101 H St., Arcata	Thursday Trivia Night 8pm Free				
FLDDBROOK MARKET & EATERY 4636 Fieldbrook Road, 839-0521		The Living Rooms & Friends (Americana) 7:30pm Free			
THE FORKS 38998 State Route 299, Willow Creek 530-629-2679			The Movers and The Shakers (rock, blues, funk) 9pm Free		
HUMBOLDT BREWS 856 10th St., Arcata 826-2739	Trout Steak Revival (bluegrass) 9pm \$10	Black Uhuru, Onesty (reggae) 10pm \$25	Soul Night #58 (DJ music) 9pm \$5		
HUMBOLDT STATE UNIVERSITY 1 Harpst St., Arcata 826-3011			Van Duzer: Kathy Griffin (comedy) 8pm \$76, \$35		

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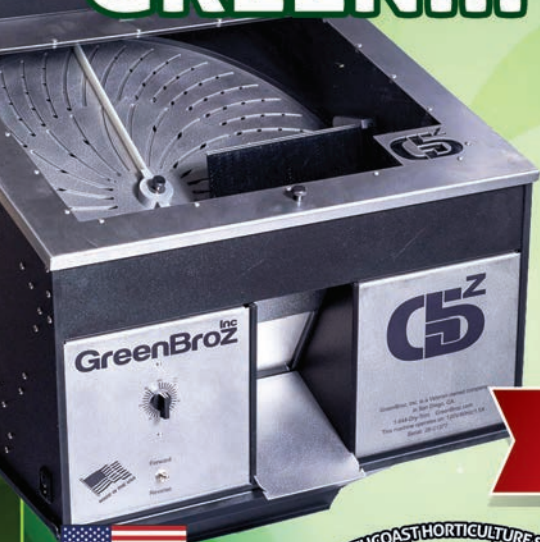
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THE JAM 915 H St., Arcata 822-4766	RLA Jazz Trio w/Paula Jones 9pm TBA	Club Triangle - Wonderful World of Drag 10pm \$5	The Nucleus 16-year Anniversary Show 9pm Free	Deep Groove Society presents SUNDAZE (EDM) 10pm \$5	[T] Savage Henry Comedy 8pm \$5 [W] Jazz at the Jam 6:30pm Free The Whomp (DJs) 10pm \$5
LARRUPIN 677-0230 1658 Patricks Point Dr., Trinidad		Blue Lotus Jazz 6pm Free			[W] Aber Miller (jazz) 6pm Free
LIBATION 761 Eighth St., Arcata 825-7596	Claire Bent (jazz) 7pm Free	Brian Post & Accompaniments (jazz) 7pm Free	Blue Lotus Jazz (guitar/vocal) 7pm Free		[T] Buddy Reed (blues) 7pm Free
LIGHTHOUSE GRILL 355 Main St., Trinidad 677-0077				JD Jeffries and Devin Paine (folk, blues, rock) 5pm Free	
LOGGER BAR 668-5000 510 Railroad Ave., Blue Lake	Trivia Night 8pm Free	The Undercovers (covers) 9pm Free	Money (Pink Floyd tribute) 9pm Free	Potluck (food) 6pm Free	[W] Turtle Races 8pm Free
MAD RIVER BREWING CO. 101 Taylor Way, Blue Lake 668-5680	Fred & Jr. (swing jazz) 6pm Free	Redwood Ramblers (classic country covers) 6pm Free	The Delta Nationals (classic American) 6pm Free	Show & Shine noon-3pm The Undercovers 1pm-3:30pm	[T] Blue Lotus Jazz (guitar, vocals) 6pm Free [W] Pints for Non-profit: The Sister City Project 6pm Free
THE MINIPLEX AT RICHARDS' GOAT 401 I St., Arcata 630-5000	<i>Microbe & Gasoline</i> (film) 8pm \$8	Neighbors LP Release Party 9pm TBA	Constellation VII: Busdriver, Deantoni Parks, Hudson Glover (live music) 9pm \$10	G.O.A.T. Karaoke 9pm Free	[T] Sonido Panchanguero (DJ music) 9:30pm Free
NORTHTOWN COFFEE 1603 G St., Arcata 633-6187		Open Mic w/Jeremy Bursich 7pm Free			[T] Human Expression Open Mic 7pm Free
OCEAN GROVE 677-3543 480 Patrick's Pt. Dr., Trinidad					[M] Dancehall Mondayz w/Rudelson 8pm \$5
REDWOOD CURTAIN BREW 550 S G St. #6, Arcata 826-7222	Michael Trew, Julie Baldrige 8pm Free	Kingfoot (Americana) 8pm Free	Rob Heiliger & the Beautiful Losers 8pm Free		[M] Open Bluegrass Jam 6pm Free
THE SANCTUARY 1301 J St., Arcata 822-0898		<i>The Secret Life of Spantsa</i> (theater) 8pm \$5-\$20 sliding			
SIDELINES 732 Ninth St., Arcata 822-0919	DJ Ray 10pm TBA	DJ Ray 10pm TBA	DJ Tim Stubbs 10pm TBA		
SIX RIVERS BREWERY 839-7580 Central Ave., McKinleyville	Thursday Night Bluegrass 8pm Free	Bullets & Belles (doo-wop folk) 9pm Free	The Beer Scouts (rock and roll) 9pm Free	Trivia Night 8pm Free	[M] Karaoke w/DJ Marv 8pm Free [T] Bomba Sonida w/DJ Pressure 10pm Free [W] Reggae w/Iron Fyah 10pm Free
TOBY & JACKS 764 Ninth St., Arcata 822-4198		Masta Shredda 10pm Free	DJ Ray 10pm Free		

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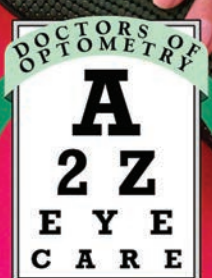


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EUREKA & SOUTH

Arcata and North on previous page

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VENUE	THUR 8/25	FRI 8/26	SAT 8/27	SUN 8/28	M-T-W 8/29-31
BANANA HUT 621 Fifth St., Eureka 443-3447		Latino Night with DJ Pachanguero 10pm Free			
BAR-FLY PUB 91 Commercial St., Eureka 443-3770		Bar-Fly Karaoke 9pm Free	DJ Saturdays 10pm Free		[W] Bar-Fly Karaoke 9pm Free
BEAR RIVER CASINO HOTEL 11 Bear Paws Way, Loleta 733-9644	Karaoke w/Casey 8pm Free	Backstreet Band (classic rock) 9pm Free	The Undercovers (covers) 9pm Free		
BENBOW INN 445 Lake Benbow Drive 923-2124	Paco Martin and Friends (Latin music) 6pm Free	Paco Martin and Friends (Latin music) 6pm Free			[T, W] Paco Martin and Friends (Latin music) 6pm Free
CALICO'S CAFE 923-2253 808 Redwood Drive, Garberville			Frisky Brisket (violin, guitar) 7pm Free	Jen Tal and The HuZBand (acoustic duo) 6:30pm Free	
CECIL'S NEW ORLEANS BISTRO 923-7007 773 Redwood Drive, Garberville		Magenta (jazz, swing) 7:30pm Free			
CHAPALA CAFÉ 201 Second St., Eureka 443-9514		Live Music 6pm Free	Live Music 6pm Free		
CURLEY'S FULL CIRCLE 460 Main St., Ferndale 786-9696					[W] Open Mic Night 7pm Free
EUREKA INN PALM LOUNGE 518 Seventh St., 497-6093	Brian Post (jazz) 8pm Free	Bradley Dean (rock) 9pm Free	Burt's Big Band (swing) 9pm Free		[T] Anna Banana (blues) 8pm Free [W] Comedy Open Mikey 9pm Free
EUREKA THEATER 612 F St. 442-2970		North By Northwest (film) 7:30pm \$5		Cocktails with the Crooner (lounge swing) 5pm \$20, \$15	
FERNBRIDGE MARKET RIDGETOP CAFE 786-3900 623 Fernbridge Dr., Fortuna					[M] Open Mic 5:30pm Free
GALLAGHER'S IRISH PUB 139 Second St., Eureka 442-1177	Seabury Gould and Evan Morden (Irish) 6pm Free	Papa Paul (folk) 6pm Free	Tony Roach (standards) 6pm Free		
GARBERVILLE THEATER 766 Redwood St. 923-3580		Pink Floyd's <i>The Wall</i> (film) 7pm, 10pm \$7	Pink Floyd's <i>The Wall</i> (film) 7pm, 10pm \$7	Open Mic 7pm \$5	[T] Open Mic 7pm \$5
LIL' RED LION 1506 Fifth St., Eureka 444-1344		The Beer Scouts (rock and roll) TBA	Karaoke 9pm Free		
MATEEL COMMUNITY CENTER 59 Rusk Lane, Redway 923-3368		Elect to Laugh! with Will Durst (comedy) 8pm \$20, \$15			



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OLD TOWN COFFEE & CHOC. 211 F St., Eureka 445-8600	Open Mic w/Mike Anderson 7pm Free	Buddy Reed and Raia Ryan (blues) 7pm Free		Hillbilly Gospel Jam 2pm-4pm Free	
PEARL LOUNGE 507 Second St., Eureka 444-2017	DJ Pressure (DJ music) 9pm Free	D'Vinity (DJ music) 10pm Free	Selecta Arms (DJ music) 10pm Free		
PERSIMMONS GALLERY 1055 Redway Dr., Redway 923-2748	The Funnicators (soul classics) 7:30pm Free	Brody Forrester and Friends (acoustic) 7:30pm Free			[W] Open Mic w/Sanou 7:30pm Free
THE PLAYROOM 1109 Main St., Fortuna 725-5438		Stir Fry Willie (DJ music) TBA			
SHOOTERS OFF BROADWAY 1407 Albee St., Eureka 442-4131				Sonido Panchanguero 9pm Free	
THE SPEAKEASY 411 Opera Alley, Eureka 444-2244		The Eureka Pizza Council (jazz) 8:30pm Free	Buddy Reed and the Rip It Ups (blues) 10pm Free		[T] The Opera Alley Cats (jazz) 7:30pm Free [W] No Covers and Ultra Secret (jazz) 7pm Free
STONE JUNCTION BAR 744 Redway Dr., Garberville 923-2562	Upstate Thursdays (DJ music) 9pm TBA		Speakeasy Night 9pm \$5		[M] Pool Tournament 8:30pm \$10
TIP TOP CLUB 6269 Loma Ave., Eureka 444-2244				Night Moves at Club Expression (DJ music) 9pm Free	[M] Electric Mondays at Club Expression (DJ music) 9pm Free
VICTORIAN INN RESTAURANT 400 Ocean Ave., Ferndale 786-4950		Jeffrey Smoller (solo guitar) 6pm Free			



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Location, Location, Location

By Andy Powell

thesetlist@northcoastjournal.com

In a previous *Setlist*, I mused on what qualifies a band as *local*. Now, I won't wade into those waters again, but on a somewhat related note, I've been wondering why it matters where a band is from. Unsure of exactly how much that information matters, I will admit it scratches an itch. The question of where that itch comes from popped into my head after catching a bit of a movie my wife was watching in which an actor played Pablo Picasso. Now I won't claim to be very knowledgeable or even close to an academically credentialed visual art lover, but I realized that I wasn't sure where Picasso was from. Spanish, right? That's all I could come up with. Paul Gauguin? Beats me. Vincent van Gogh? Dutch or something, right? Jackson Pollack? American, easy. Where in America you ask? I'll get back to you.

My point isn't to show off how little I know about the geographical homes of famous visual artists, but that perhaps it isn't that important. To you art historians, I know it's important, but to us lay people, we're lucky if we can name an artist's native continent.

Is it different for musicians and bands? I like music more, so it makes sense that I know more. We know what town in England The Beatles are from (Liverpool), we know Zeppelin, Floyd and The Stones all formed in London. We know The Eagles, Buffalo Springfield, The Doors, The Byrds, Guns and Roses and so many others were Los Angeles bands. The Grateful Dead, Jefferson Airplane, The Steve Miller Band, Santana and Journey all formed in San Francisco. Hell, some of us even know Creedence Clearwater Revival is from El Cerrito in the East Bay. We could list the New York bands, the Boston bands, etc. Why is that? Is music more accessible? Does the location have more of an influence on music than visual art? Just as we could say that there is a sonic thread connecting much of the music of Jackson Browne, The Eagles, and The Byrds — that “So-Cal sound” — I imagine a real visual art fan could say the same for artists from a particular era in Paris.

But doesn't the music, painting, ceramics or sculpture speak for itself? Sure, but

for some reason I still need to put a band in some context, whereas I don't really need to know where the juggler, painter or actor whose art I'm experiencing is from. Perhaps it's just my subjective taste. If you are interested in where bands are from, check out the list below. Many are from here. Some are not. Some used to live here and now live somewhere else. Some are beyond description — like Jehovah's favorite choir — but their music will fill in the rest.

Thursday

You'll find some award winners tonight at **Humboldt Brews** in Arcata around 9 p.m. With not only a Telluride Bluegrass Festival Band Competition to their titles, but an Emmy soundtrack win (through PBS) doesn't hurt either, **Trout Steak Revival** not only sounds tasty, but like a good time. Kick this weekend off early and turn the grass blue for only \$10.

Friday

I'm seeing a 7 p.m. start time for a show at **The Lil' Red Lion**. Local hard-rockers **Warmth** and surfbilly rocker **Roland Rock** will be providing local support to somewhat former locals, **The Beer Scouts**. The band makes its Humboldt debut tonight, but all three members used to call Humboldt home and would rock around the area back in the mid '70s. For those of you who were checking out shows then, you may recall the bands **Rolls Rock**, **Mr. Science** and **Rolling Bob**. Beer Scout bassist Rob tells me members of this power trio have shared the stage with Van Halen, Jeff Beck and Bob Dylan — an impressive resume. The Beer Scouts play originals and covers, all generally influenced by “the Beatles, Brownsville Station, Cheap Trick, the Smithereens, Grand Funk Railroad, Chuck Berry and even the Monkees!” Rob also tells me that in a quest to bring the “fun back to rock 'n' roll,” The Beer Scouts' official motto is “Will Rock For Beer.” I may have



Year of the Fist brings punk to the Alibi Saturday, Aug. 27 at 11 p.m. Courtesy of the artists

seen that on a cardboard sign on the plaza. Anyway, welcome these fellas back at this free show. Local hardworking Americana trio **Kingfoot** will help you get on the good foot tonight for free at **Redwood Curtain Brewery** around 8 p.m. Remember, if you're enjoying the tunes and you can spare a few bucks, feel free to leave a tip. Local band **Neighbors** has just released its debut record after playing in and around the local indie music scene since about 2008. These rockers hope you'll come out to celebrate — and pick up a copy of the album — at **The Miniplex** (in Richards' Goat Tavern and Tea Room) where they'll play some of these newly released songs for you around 9 p.m. for something close to \$5. For you reggae fans, heavyweights are at **Hum Brews** tonight at 10 p.m. Formed in Kingston, Jamaica, back in the '60s and somewhat born out of the Wailing Souls, **Black Uhuru** is still out on the road grooving audiences. The band counts The Rolling Stones and The Police as fans — as it's opened for both — so show up early to make sure you can get into this \$25 show. Openers **Onesty** are probably thrilled to be on this bill.

Saturday

In Blue Lake tonight are **The Delta Nationals**, who I'm told are celebrating their 16th year of gigging — their first gig was in Perigot Park at Hoptoberfest — by playing for you at 6 p.m. for free at the **Mad River Brewery Tasting Room**. Drummer and P.R. Master Paul DeMark mentions to me that “there is nothing like playing together for a long time to create your own feel and sound.” I believe it. At the **Trinidad Town Hall** at 8 p.m. you can find a benefit concert for the Equity Alliance of the North Coast with **Paula Elizabeth Jones** and **[the] RLA**

Jazz Trio. With the backbone and creativity of jazz with the breath and essence of gospel, this will be a show with some truly talented local musicians. There's a suggested donation of \$10 for this event and it goes to a good cause. Missed **The Beer Scouts** last night? Fear not — you'll catch these beer lovers tonight at **Six Rivers Brewery** at 9 p.m. for a free show. Local kings of “psych-surf punk” Nipplepotamus return to the Alibi tonight to trip your socks off. I can't remember how many times I've seen this trio the past 10 years or so, but they always put on a great and intense show with a rich underground vibe. They'll be joined by Oakland punk 'n' rollers **The Year of the Fist**, who just this month released an exclusively vinyl EP called *Dirty Laundry* (not to be associated with Don Henley's 1982 hit). Show starts around 11 p.m. and for just \$5.

Tuesday

You Ramones fans will want to forget about tomorrow morning and get down to **The Alibi** to hear Seattle's “all-girl tribute to The Ramones” courtesy of **The Dee Dees**. They'll be joined around 11 p.m. by Grass Valley “queer punk” rock band **Slutzville**, who take the award for “Band Name that Will Stick in Your Head” this week. It's \$7 for this Tuesday night show. Have a blast.

Full show listings in the *Journal's* Music and More grid, the Calendar and online. Bands and promoters, send your gig info, preferably with a high-res photo or two, to music@northcoastjournal.com.

●
Andy Powell is a congenital music lover and hosts The Night Show on KWPT 100.3 FM weeknights at 6 p.m. He is impressed by London's musical track record.

Calendar

August 25 - September 1, 2016



Submitted

You had us at salmon, but sure. The **Salmon, Oysters, Ales and Rails** fundraiser for the Timber Heritage Society is on at the **Samoa Roundhouse** with food, speeder car rides, music and vendors on **Saturday, Aug. 27** from 11 a.m. to 3 p.m. (\$20 salmon lunch, \$10 hot dog). We're all aboard with that.



The Wall

If you've never made the rite of passage that is a Pink Floyd laser light show, cross it off your bucket list at the **Garberville Theater** on **Friday, Aug. 26** and **Saturday, Aug. 27** at 7 and 10 p.m. (\$7). **The Wall** plays with 10,000 watts of speaker power, laser lights and fog. Dude.



Sunny afternoons on the Arcata Plaza are only missing two things: Wifi and freaky little cartoon monsters. Well, done and done. From 4 to 7 p.m. on **Saturday, Aug. 27**, celebrate the start of free Wifi on the plaza with a **Pokémon Go party** featuring food, music, trivia and creature-capturing good times (free).



Courtesy of the artists

Decision 2016

OK, you can't complain about your choices here. On **Saturday, Aug. 27**, two drink-spillingly funny people are in Arcata. And actually, you could see them both.

A former Groundling, fierce LGBT ally and the funniest redhead since Lucille Ball, **Kathy Griffin** is at the **Van Duzer Theatre** at 8 p.m. (\$75). When she's not dropping F-bombs and making Anderson Cooper blush on New Year's Eve, Griffin is mercilessly skewering celebrities and our obsession with them in her raucous, smart, self-deprecating standup. While her reality show *My Life on the D-List* and her Emmy hosting boosted her up the Hollywood food chain, it's her fast-talking, crude and relatable stories, told with only a stool, a mic and a glass of water, that make her the bold, hilarious broad you want to hang out with.

Are you more into CNN than E! Network? Enter political comedian **Will Durst** with his **Elect to Laugh** one-man show at the **Mateel Community Center** on **Friday, Aug. 26** at 8 p.m. and the **Arcata Theatre Lounge** on **Saturday, Aug. 27** at 8:30 p.m. (\$20, \$15 advance). And couldn't we use a laugh at this point? Our current political landscape is a target rich environment to be sure, and the Emmy-nominated Durst, a self-described Boomer, is just the elder statesman to take on the candidates and their antics on and off the teleprompter. His sharp, world-weary grumpy-uncle satire is the perfect antidote to a case of the spin-room spins.

—Jennifer Fumiko Cahill



Photo by Drew Hyland

Tap In

On **Saturday, Aug. 27**, **Rohner Park** will be awash in micro-brews during the 13th annual **Hops in Humboldt** from 1 to 5 p.m. (\$45, \$35 advance, \$75 VIP, \$10 non-drinkers). A dizzying 35 breweries are slated to pour more than 100 brews into your commemorative cup.

Let's be realistic. This is a deluge of beer against which you have no chance. You are going to get wrecked. *Wrecked*. Have a plan. Hence the cheap non-drinker pass for your **designated driver** and the **buses** to whisk you to and from Eureka and Arcata for a mere \$3 each way. Pro tip: Check the schedule before you start sampling. Also be sure to grab your driver's license, leave the kids and pets at home (seriously) and slather yourself with sunscreen. (Nobody wants a Hops burn.)

And now you're ready to soak up the suds and sun. **April Moore and the Ranch Party**, **Angel's Cut** and **Seventh Street Band** play while you sip your way around the field, finally casting your vote for the **Taster's Choice award**. Along with the steady stream of lambics, porters and IPAs, you can challenge your drinking buddies to a game of **Drink-O** or **beer bottle ring toss**. And when it's time for solids, nine food **vendors** will be there to satisfy your cravings and send you ambling home happy.

—Jennifer Fumiko Cahill

25 Thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. Chip in for the live model and hone your artistic skills. Go into the courtyard on C Street to the room on the right. \$5. 442-0309.

MOVIES

Microbe & Gasoline. 8 p.m. Richards' Goat Tavern & Tea Room and Miniplex, 401 I St., Arcata. In the latest film from Michel Gondry, two young friends embark on a road trip across France in a vehicle they built themselves. \$6.50, \$8. www.richardsgoat.com.

That Indie Night: This Is England (2006). 7 p.m. Arcata Theatre Lounge, 1036 G St. A young boy in Northern England becomes friends with a gang of skinheads in the 1980s. \$4. www.arcatatheatre.com.

EVENTS

Humboldt County Fair. Humboldt County Fairgrounds, 1250 Fifth St., Ferndale. The 120th Humboldt County Fair is "One for the Books," an old-fashioned community fair with carnival, horse racing, exhibits, stunts, shows, food, music and more.

FOR KIDS

Thursday Storytime. 10-11 a.m. Fortuna Library, 753 14th St. Fortuna Library presents a weekly morning storytime. Free. forhuml@co.humboldt.ca.us. www.humboldt.gov/296/Fortuna-Library. 725-3460.

Young Discoverers. 10:30 a.m.-noon. Discovery Museum, 612 G St., Eureka. A unique drop-off program for children ages 3-5. Stories, music, crafts, yoga and snacks. \$8, \$6 members. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

FOOD

Bear River Farmers Market. 3-5 p.m. Bear River Community Center, 266 Keisner Road, Loleta. Featuring baked goods, tribal produce, handmade jewelry, native plants and more. 733-1900.

FFP's Summer Lunch Program. 12:15-1:30 p.m. Rio Dell Community Resource Center, 99 Wildwood Ave. Rio Dell CRC and Food For People are providing lunch for all kids aged 0-18. Come on out and get a free meal Monday-Friday, all summer. Rio Dell Fireman's Park 12:15-12:45 p.m. Scotia Elementary 1-1:30 p.m. Free. www.foodforpeople.org. 764-5239.

Henderson Center Farmers Market. 10 a.m.-1 p.m. Henderson Center, Henderson near F Street, Eureka. Fresh local produce, straight from the farmer. www.humfarm.org. 441-9999.

Eureka Natural Foods McKinleyville Farmers Market. 3:30-6:30 p.m. Eureka Natural Foods, McKinleyville, 2165 Central Ave. Local, GMO-free produce. Live music. EBT welcome with Market Match up to \$10/day for EBT spending. Vouchers available to SSI recipients once per month per market location. Free. info@humfarm.org. www.humfarm.org. 441-9999.

GARDEN

Organic Farm Internship. Bayside Park Farm, 930 Old Arcata Road, Arcata. Interns work three months, six hours a week in exchange for fresh veggies and hands-on training in organic agriculture. Free. baysideparkfarm@cityofarcata.org. www.facebook.com/BaysideParkFarm

MEETINGS

Green Party meeting. 7-8:30 p.m. Northtown Coffee, 1603 G St., Arcata. Help build a strong third party, free of corporate control. dsilver@greens.org.

Continued on next page »

Calendar

Continued from previous page

www.humboldtgreens.org. 267-5342.

ETC

Community Board Game Night. Last Wednesday, Thursday of every month, 6-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. Play your favorite games or learn new ones with North Coast Role Playing. Free. osslnrcp@northcoast.com. www.baysidegrange.org. 444-2288.

Heads Up This Week. Volunteer opportunities, contests and more.

Humboldt Cribbage Club. 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. Play cards. 444-3161.

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. Join fellow knitters, crocheters, weavers, spinners and fiber artists to socialize and work on projects. 442-9276.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Put your deck to the test. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

Fern Cottage Tour. 11 a.m.-3 p.m. Fern Cottage, 2121 Centerville Road, Ferndale. Tour the 150-year-old home of pioneers Joseph and Zipporah Russ, listed on the National Register of Historic Places. \$10. info@ferncottage.org. www.ferncottage.org. 786-4835.

26 Friday

BOOKS

ACLU Book Tour: Mike Rhodes. 7-9 p.m. Humboldt Unitarian Universalist Fellowship, 24 Fellowship Way, Bayside. The *Dispatches from the War Zone* author discusses covering 10 years of homelessness in Fresno, organizing support with homeless people and how Humboldt can defend homeless civil and human rights. Free. office@huuf.org or ediejessup@gmail.com. www.huuf.org. 407-0047.

DANCE

World Dance. 8 p.m. St. Alban's Episcopal Church, 1675 Chester Ave., Arcata. Humboldt Folk Dancers sponsor teaching and easy dances at 8 p.m. followed by request dancing 9 p.m. \$3. g-b-deja@sbcglobal.net. www.stalbansarcata.org. 839-3665.

LECTURE

Humboldt Headlines. 7 p.m. Freshwater Grange, 49 Grange Road, Eureka. From the fatal ship collision off Shelter Cove to Fortuna's biggest bank robbery to the Socialist mayor of Eureka, historian Jerry Rhode tells the

stories of yesteryear. Free.

MOVIES

Pink Floyd's *The Wall*. 7-8:30 & 10-11:30 p.m. Garberville Theater, 766 Redwood St. Experience the masterpiece with 10 speakers surrounding the theater with 10,000 watts, plus lasers and fog. \$7. 923-3580.

Summer of Suspense: *North By Northwest*. 7:30 p.m. Eureka Theater, 612 F St. This 1959 action thriller stars Cary Grant and Eva Marie Saint in a case of mistaken identity that keeps a man on the run for his life. Part of the August Hitchcock series. Popcorn, candy, soft drinks and snacks available. Beer and wine for 21 and up. \$5. www.theeurekatheater.org.

MUSIC

Marimba Concert. 8-10 p.m. Arcata Playhouse, 1251 Ninth St. Marimba One presents Jack Van Geem and Stephanie Webster in *Protest Songs and Dances*, a benefit concert for Habitat for Humanity. \$15, \$13 for seniors/students.

THEATER

***The Roaring Girl*.** 7 p.m. Redwood Park, top of 14th Street, Arcata. Plays in the Park presents the bawdy comic tale of Moll Cutpurse, who turns 17th century London on its head with her carousing, sword fighting, theft and independence. \$12, \$10 advance.

***The Secret Life of Spantsa*.** 8-10 p.m. The Sanctuary, 1301J St., Arcata. Zuzka Sabata's original one-woman play about historical figure Olive Oatman, the first tattooed white woman in America. All performances followed by an audience talkback. \$5-\$20. zuzkasabata.wix.com/zuzka#current/lqrqu. 834-0357.

EVENTS

Humboldt County Fair. Humboldt County Fairgrounds, 1250 Fifth St., Ferndale. See Aug. 25 listing.

FOR KIDS

Family Storytime. 10:30-11 a.m. Fortuna Library, 753 14th St. A rotating group of storytellers entertain children ages 2-6 and parents at Fortuna Library. Free cookies during summer vacation June 24 to Aug. 6. Free. www.humlib.org. 725-3460.

FOOD

FFP's Summer Lunch Program. 12:15-1:30 p.m. Rio Dell Community Resource Center, 99 Wildwood Ave. See Aug. 25 listing.

Southern Humboldt Farmers Market. 11 a.m.-3 p.m. Garberville Town Square, Church Street. Fresh produce, meats, baked goods and more, plus live music and family activities. Free.

GARDEN

Organic Farm Internship. Bayside Park Farm, 930 Old Arcata Road, Arcata. See Aug. 25 listing.

OUTDOORS

Farm Volunteer Fridays. 2-5 p.m. Bayside Park Farm, 930 Old Arcata Road, Arcata. Support the farm while reaping the benefits of growing food. Help plant and harvest and everything in between. Bring gloves and water and leave with fresh produce. Free.

Salmon Pass Hike. 9 a.m.-noon. South End Headwaters Forest Reserve, Newburg Road, Fortuna. Join docents for a hike through the southern entrance of the reserve. Meet at Newburg Park and call to confirm 24 hours before trip. Free. jdclark@blm.gov. 825-2317.

SPORTS

BMX Friday. 4:30-6:30 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for practice and racing. Wear long sleeves and pants. \$2 practice, \$5 ribbon race. www.facebook.com/RedwoodEmpireBmx. 407-9222.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. Have a blast and get some exercise at the same time. \$5.

COMEDY

Elect to Laugh! with Will Durst. 8 p.m. Mateel Community Center, 59 Rusk Lane, Redway. The Emmy-nominated comedian and political satirist brings his one-man show about this year's election to Humboldt. 923-3368, \$20, \$15 in advance. mmlproductions8@gmail.com. 923-3368

ETC

Fern Cottage Tour. 11 a.m.-3 p.m. Fern Cottage, 2121 Centerville Road, Ferndale. See Aug. 25 listing.

27 Saturday

ART

Art Market. Last Saturday of every month, 9 a.m.-1 p.m. Creamery District, 1251 Ninth St., Arcata. Grab a coffee and a snack and peruse art, crafts, furniture, clothing and more in the open air. Featuring music by The Attics. CreameryInfo@Gmail.Com. www.creamerydistrict.org/art-market. 822-1575.

MOVIES

Movies Under the Mural: *Zootopia*. Fourth Saturday of every month, 9 p.m. Los Bagels, Arcata, 1061 I St. Bring a lawn chair, blankets and your family for a movie and popcorn. Free. www.losbagels.com.

Pink Floyd's *The Wall*. 7-8:30 & 10-11:30 p.m. Garberville Theater, 766 Redwood St. See Aug. 26 listing.

MUSIC

Jazz Night with RLA and Paula Jones. 8-10 p.m. Trinidad Town Hall, 409 Trinity St. Jazz, blues and ballads benefit the Equity Alliance of the North Coast. \$10 suggested donation. 845-1125.

THEATER

***The Roaring Girl*.** 7 p.m. Redwood Park, top of 14th Street, Arcata. See Aug. 26 listing.

***The Secret Life of Spantsa*.** 8-10 p.m. Mattole Valley Community Center, 29230 Mattole Road, Petrolia. See Aug. 26 listing. \$10 suggested donation. zuzkasabata.wix.com/zuzka#current/lqrqu. 834-0357.

EVENTS

Kevin Ebbert Memorial Trail Run. 9 a.m. Redwood Park, top of 14th Street, Arcata. Third annual 2-mile walk or run through the community forest and a 10k(+) challenging trail run honoring a Navy SEAL from Arcata who was killed in action in Afghanistan in 2012. Proceeds benefit Climb for the Fallen. \$10. www.healthsport.com/kevin-ebbert-memorial-trail-run.

Hops in Humboldt. Rohner Park, 11th and N streets, Fortuna. Attendees can try unlimited samples of hundreds of micro-brews by more than 35 breweries from across the country. Live music all day, art and craft vendors and a commemorative glass to take home. \$45, \$75 VIP, \$10 non-drinkers, \$35 advance. www.friendlyfortuna.com.

Humboldt County Fair. Humboldt County Fairgrounds, 1250 Fifth St., Ferndale. See Aug. 25 listing.

Loleta Community Yard Sales. 8 a.m. Loleta Community Church, 218 Church St. Dozens of sales all over town with maps available the day of the event. 498-0450.

Pokémon Go Party. 4-7 p.m. Arcata Plaza, Ninth and G streets. Hunt for Pokémon with free Wifi, food, trivia and DJ music. Free. www.arcatamainstreet.com. 822-4500.

Repfest Encore. Ferndale Firemen's Park, 100 Berding St. A casual evening of food, entertainment and silliness, benefiting FRT. No-host cocktails at 5:30 p.m. with dinner and entertainment to follow. \$25.

Salmon, Oysters, Ales and Rails. 11 a.m.-3 p.m. Samoa Roundhouse, Cookhouse Road. Enjoy a barbecued salmon dinner, ride speeder trains, listen to music and peruse the artisan booths at this annual fundraiser for the Timber Heritage Society. \$20 salmon, \$10 hot dog.

Yardsale Against Human Trafficking. 8 a.m.-3 p.m. Four Square Faith Center, 1032 Bay St., Eureka. All proceeds



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benefit The Prevention Project, providing a free human trafficking prevention curriculum to local high schools. Free. info@eurekafaithcenter.org. eurekafaithcenter.org. 442-1784.

FOR KIDS

Story Time with Kathy Frye. Fourth Saturday of every month, 11-11:30 a.m. Rio Dell Library, 715 Wildwood Ave. Featuring puppets and more designed for children ages 0-5. Free. riohuml@co.humboldt.ca.us. www.facebook.com/RioDellLibrary. 764-3333.

FOOD

Arcata Plaza Farmers Market. 9 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. Fresh vegetables and fruit from local producers, food vendors, plant starts and flowers every week. Live music.

Grange Breakfast. Fourth Saturday of every month, 7:30-11 a.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Eggs, cooked to order, sausage or ham, biscuits and gravy or hotcakes, and coffee. \$5, \$3 for children ages 6 to 10, free for children under 6. www.facebook.com/humboldt.grange.

All-You-Can-Eat Fish Dinner. 5-7 p.m. Elk's Lodge, 445 Herrick Ave., Eureka. Cod, albacore, petrale sole, oysters and all the fixings. No-host cocktails at 4 p.m. Dinner from 5 to 7 p.m. Benefits Rotary Club of Southwest Eureka's vocational and academic scholarship program and other community projects. \$30 adult, \$12 for child under 12. denbo@sbcglobal.net. www.swrotary.org. 443-4682.

OUTDOORS

Arcata Marsh Tour. 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. Meet a trained guide for a 90-minute walk focusing on the ecology of the marsh. Led by Jane Wilson. Free. 826-2359.

Audubon Society Arcata Marsh Bird Walk. 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring your binoculars and have a great morning birding. Meet the trip leader in the parking lot at the end of South I Street (Klopp Lake) in Arcata, rain or shine. Walk leader is Larry Karsteadt. Free. www.ras.org/calendar.

Dune Restoration. 9:30 a.m. Humboldt Bay NWR Lanphere Dunes Unit, 6800 Lanphere Road, Arcata. Help remove invasive iceplant on the north end of the property. Meet at Pacific Union School, in Arcata to carpool to the protected site. Gloves, training and snacks provided. Wear closed-toed shoes, dress for mosquitoes and bring drinking water. Free. jess@friendsofthedunes.org. www.fws.gov/refuge/humboldt_bay. 444-1397.

Humboldt Baykeeper Boat Tour. 9-10:30 a.m. Woodley Island Marina, 601 Startare Drive, Eureka. An informative motorboat excursion led by knowledgeable volunteer docents trained in ecology and history of Humboldt Bay. RSVP required. Se habla español. Free. tours@humboldtbykeeper.org. www.humboldtbykeeper.org/programs/bay-explorations/1107-2016-kayak-tour-schedule.html. 825-1020.

Volunteer Trail Stewards. 9 a.m.-1 p.m. Arcata Community Forest, Union Street. Help build the Arcata Ridge Trail. Wear a long sleeve shirt, work pants and boots and bring rain gear and water. Gloves, tools, snacks and beverages. For meeting location call 825-2163 or email eservices@cityofarcata.org. Free.

Water Conservation Workshop: Home & Garden. 10 a.m.-4 p.m. Sanctuary Forest Office, 315 Shelter Cove Road, Whitethorn. Learn storage and management practices for land and water stewardship from permaculture practitioner Kyle Keegan, Tasha McKee of Sanctuary Forest and Cheryl Lisin of the Lost Coast Interpretive Association. Bring lunch and water. Free.

anna@sanctuaryforest.org. www.sanctuaryforest.org/event/water-conservation-workshop-homestead-garden/. 986-1087.

SPORTS

Karts Race. 6:30 p.m. Redwood Acres Racetrack, 3750 Harris St., Eureka. Racers pit gates open at 3 p.m., mud packing at 4:30 p.m., grandstands open at 5 p.m., racing at 6:30 p.m.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. See Aug. 26 listing.

COMEDY

Elect to Laugh! with Will Durst. 8:30 p.m., 1036 G St. Arcata Theatre Lounge The Emmy-nominated comedian and political satirist brings his one-man show about this year's election to Humboldt. \$20, \$15 in advance. mmlproductions8@gmail.com. 502-9656

Kathy Griffin. 8 p.m. Van Duzer Theatre Humboldt State University, Arcata. The two-time Emmy-winner, *New York Times* best-selling author, five-time Grammy nominee and Broadway darling talks about life, dating and celebrity mishaps. Mature audiences only. \$76, \$35.

ETC

Coast Guard Open House. 10 a.m.-2 p.m. US Coast Guard Sector Humboldt Bay, 1001 Lycoming Way, McKinleyville. As part of Eureka's Coast Guard City celebration, the Coast Guard will be opening their Humboldt Bay bases to the public. Free.

Fern Cottage Tour. 11 a.m.-3 p.m. Fern Cottage, 2121 Centerville Road, Ferndale. See Aug. 25 listing.

Women's Peace Vigil. 12-1 p.m. County Courthouse, 825 Fifth St., Eureka. Dress in warm clothing and bring your own chair. No perfume, please. Free. 269-7044.

Yu-Gi-Oh! Standard League. 1-4 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and claim your prizes. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

28 Sunday

ART

Trinidad Artisans Market. 11 a.m.-3 p.m. Trinidad, Downtown. Local artisans present their arts and crafts. Enjoy live music each week and barbecue. Featuring music by The Sleepwalkers. Free.

MOVIES

Snow White and the Seven Dwarfs (1937). 6 p.m. Arcata Theatre Lounge, 1036 G St. Jealous of Snow White's beauty, the wicked queen orders the murder of her innocent stepdaughter, but later discovers that Snow White is still alive and hiding in a cottage with seven friendly little miners. \$5. www.arcatatheatre.com.

MUSIC

Bayside Grange Music Project. 5-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. From 5-7 p.m. anyone playing any instrument with any ability is invited; 7-9 p.m. people with wind instruments for Bandemonium. Donations. gregg@relevantmusic.org. www.relevantmusic.org/Bayside. 499-8516.

Cocktails with the Crooner. 5-8:30 p.m. Eureka Theater, 612 F St. Drinks and musical stylings from Johnny Boyd, the singer NPR calls the "love child" of Johnny Cash and Frank Sinatra. \$15, \$20 Premier (includes meet-n-greet and specialty cocktails). www.EurekaTheater.org. 442-2970.

The Colors of the Organ. 4-5 p.m. Christ Episcopal

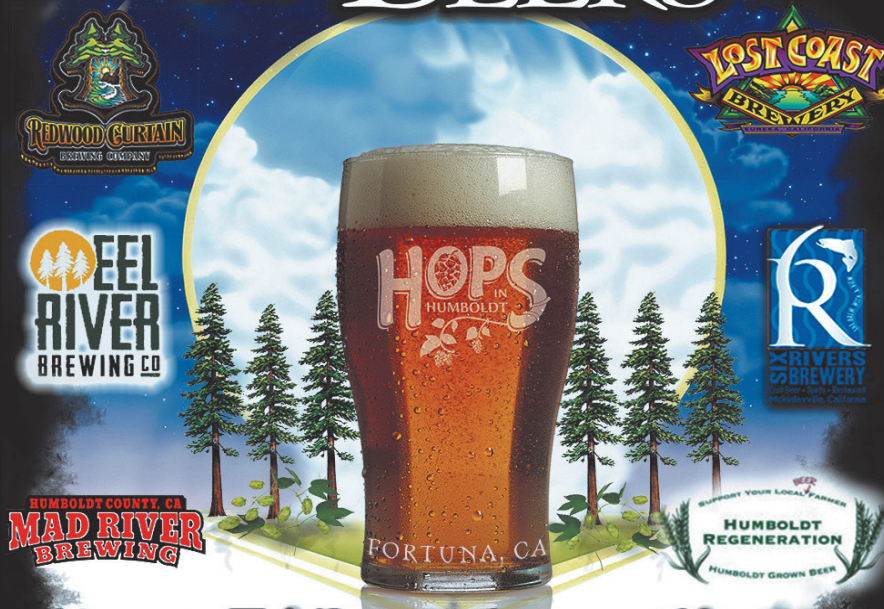
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Calendar

Continued from previous page

Church, 15th and H streets, Eureka. The final concert of the "Sundays at 4" series features three local organists performing music that displays the unique and individual tonal colors of the Kegg pipe organ. Free. christchurcheureka.org/concerts/. 442-1797.

THEATER

A Year with Frog and Toad. 2 p.m. Redwood Park, top of 14th St., Arcata. Plays in the Park presents the children's books brought to life, featuring a nine-piece jazz orchestra and a cast of birds, turtles, lizards, squirrels, moles and more. Free.

The Secret Life of Spantsa. 8-10 p.m. Beginnings Octagon, 5 Cemetery Road, Redway. See Aug. 26 listing. \$10 suggested donation. zuzkasabata.wix.com/zuzka#current/lqrq.

EVENTS

Humboldt County Fair. Humboldt County Fairgrounds, 1250 Fifth St., Ferndale. See Aug. 25 listing.

FOR KIDS

Lego Club. 12:30-2 p.m. Discovery Museum, 612 G St., Eureka. Lego fun for younger and older kids featuring Duplos and more complex pieces. Free with museum admission. redwooddiscoverymuseum@gmail.com. discovery-museum.org. 443-9694.

Pokemon Trade and Play. 3-5 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your cards to play or learn. Free. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

FOOD

Food Not Bombs. 5 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free. (503) 828-7421.

SPORTS

BMX Practice and Racing. 1-3 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for some fun. Wear long sleeves and pants. \$2 practice, \$11 race. www.facebook.com/RedwoodEmpireBmx. 407-9222.

Lost Coast Flat Track. 9 a.m. Rohner Park, 11th and N streets, Fortuna. Back for the first time since the 1970s, race or watch. Race gates open at 9 a.m. Spectator gates open at 11 a.m. Practices start at noon, heats at 1 p.m. and main event follows. \$10, \$5 over 65 or veteran, \$5 for kids under 12 w/adult, Free for kids under 5 w/adult. lostcoastflattrack@gmail.com. www.lostcoastflattrack.com.

ETC

Family Game Day. 12-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring the family and friends for a day jam-packed with gaming fun. Feel free to bring in your own games. Free. www.nugamesonline.com. 497-6358.

29 Monday

DANCE

Let's Dance. 7-10 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Let's dance to live music including swing standards and roots country. Everyone welcome. Tonight dance to the Kenny Ray and the Mighty Rovers. \$4. www.facebook.com/humboldt.grange. 725-5323.

FOR KIDS

Rio Dell/Scotia Playgroups. 10 a.m.-noon. Church of Christ, 325 Second St., Rio Dell. Playgroup for children 0-5 and their parents and caregivers. Padres y Cuidadores de Niños de 0-5 años de edad, por favor llévenlos al El Playgroups. 764-5239.

MEETINGS

Volunteer Orientation. 2:30 p.m. Food for People, 307 W. 14th St., Eureka. Learn to pack and sort food, work with clients, collect donations and cook. panderson@foodforpeople.org.

30 Tuesday

FOR KIDS

Arcata Family Resource Center Playgroup. 10 a.m.-noon. Arcata Elementary School, 2400 Baldwin St. Playgroup for children 0-5 and their parents and caregivers. 826-1002.

Grandparents and Books Storytime. 3-4:30 p.m. Fortuna Library, 753 14th St. Children of all ages welcome to afternoon storytime with "grandparent" storyteller Cynthia. Free. forhuml@co.humboldt.ca.us. www.humboldt.gov.org/296/Fortuna-Library. 725-3460.

Playgroup. 10-11:30 a.m. Discovery Museum, 612 G St., Eureka. Come to the museum for stories, crafts and snacks. Free for children age 0-5 and their caregivers. Free. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

Pokemon Trade and Play. 3-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Aug. 28 listing.

FOOD

Fortuna Farmers Market. 3-6 p.m. Fortuna Main Street, Main Street. Locally grown fruits, veggies and garden plants, plus arts and crafts. Free.

Old Town Eureka Farmers Market. 10 a.m.-1 p.m. Historic Old Town Eureka, Second Street. North Coast Growers' Association farmers markets are GMO-free and all agricultural products are grown or raised within Humboldt County. Live music every week. Free. info@humfarm.org. www.humfarm.org. 441-9999.

Wildberries Marketplace Farmers Market. 3:30-6:30 p.m. Wildberries Marketplace, 747 13th St., Arcata. GMO-free agricultural products from Humboldt County. Live music. EBT always welcome. Monthly vouchers available to SSI recipients. Free. info@humfarm.org. www.humfarm.org. 441-9999.

GARDEN

Organic Farm Internship. Bayside Park Farm, 930 Old Arcata Road, Arcata. See Aug. 25 listing.

OUTDOORS

Slower-Speed Arcata Marsh Tour. Last Tuesday of every month, 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. A tour for attendees with mobility issues and those who are unable to keep up on regular walks. Meet at the first I Street parking lot (in from Samoa) of the Arcata Marsh. Free. 822-3475.

COMEDY

Savage Henry Comedy Night. 8 p.m. The Jam, 915 H St., Arcata. Local and out of town comedians bring the ha-has. \$5. 822-4766

ETC

Bingo. 6 p.m. Moose Lodge, 4328 Campton Road, Eureka. Speed bingo, early and regular games. Doors open at 5 p.m. Games range from \$1-\$10.

Board Game Night. 6-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Choose from a large variety of games or bring your own. All ages. Free. www.nugamesonline.com. 497-6358.

Ferndale Cribbage. 10 a.m. Our Savior's Lutheran Church, 425 Shaw St., Ferndale. Cards and pegs.



Let's Be Friends

31 Wednesday

MOVIES

Sci Fi Night ft. *Love in the Time of Monsters* (2014). 7:30 p.m. Arcata Theatre Lounge, 1036 G St. A horrifying, hilarious trip through the backwoods of the Pacific Northwest (Humboldt), as two sisters battle murderous, toxic-waste ravaged monsters. Free w/\$5 food or beverage purchase. www.arcatatheatre.com.

FOR KIDS

Storytime. 1 p.m. McKinleyville Library, 1606 Pickett Road. Liz Cappiello reads stories to children and their parents. Free.

MEETINGS

Humboldt Bay Harbor Working Group Luncheon. 12:15-12:45 p.m. Samoa Cookhouse, 908 Vance Ave. Humboldt Bay Harbor Working Group (HBHWG) welcomes Harvey II of the Horai Center who will offer a presentation about Eureka's Sister City, Kamisu, Japan, and its harbor, the Port of Kashima. No host lunch with short ribs \$15 or soup/salad \$11. www.samoacookhouse.net.

COMEDY

Comedy Open Mikey. 9 p.m. Palm Lounge, Eureka Inn, 518 Seventh St. Hosted by Nando Molina with beats by Gabe Pressure. 497-6093. Free.

ETC

Casual Magic. 4-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and connect with the local Magic community. Beginners welcome. Door prizes and drawings. \$5. www.nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

1 Thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. See Aug. 25 listing.

MOVIES

Don't Think Twice. 6 p.m. Richards' Goat Tavern & Tea Room and Miniplex, 4011 St., Arcata. Keegan-Michael Key stars in a comedy about a New York improv troupe in turmoil when one member leaves to star in a television show. Written and directed by Mike Birbiglia, produced by Ira Glass. Rated R. \$6.50, \$8. www.richardsgoat.com.

MUSIC

Humboldt Folklife Society Sing-along. First Thursday of every month, 7 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Come sing your favorite folk, rock and pop songs of the 1960s with Joel Sonenshein. Songbooks are provided. Free. joel@asis.com.

FOR KIDS

Thursday Storytime. 10-11 a.m. Fortuna Library, 753 14th St. See Aug. 25 listing.

Young Discoverers. 10:30 a.m.-noon. Discovery Museum, 612 G St., Eureka. See Aug. 25 listing.

FOOD

Bear River Farmers Market. 3-5 p.m. Bear River Community Center, 266 Keisner Road, Loleta. See Aug. 25 listing.

Henderson Center Farmers Market. 10 a.m.-1 p.m. Henderson Center, Henderson near F Street, Eureka. See Aug. 25 listing.

Eureka Natural Foods McKinleyville Farmers Market. 3:30-6:30 p.m. Eureka Natural Foods, McKinleyville, 2165 Central Ave. See Aug. 25 listing.

GARDEN

Organic Farm Internship. Bayside Park Farm, 930 Old Arcata Road, Arcata. See Aug. 25 listing.

COMEDY

Savage Henry Magazine Comedy Festival. Countywide. Sept. 1-3. Featuring more than 100 comedians from all over the country performing at 11 venues countywide. TBA. www.savagehenrymagazine.com.

ETC

Architectural Unveiling and Open House. Sept. 1, 6-8 p.m. Cafe Brio, 791 G St., Arcata. View Brio's new architecture plans and learn more about their project for the SE corner of the Arcata plaza including a larger dining room, kitchen redesign and rooftop dining. Hors d'oeuvres and live music. Free. briobaking.com/cafe.

Heads Up This Week. See Aug. 25 listing.

Humboldt Cribbage Club. 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. See Aug. 25 listing.

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. See Aug. 25 listing.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Aug. 25 listing.

Fern Cottage Tour. 11 a.m.-3 p.m. Fern Cottage, 2121 Centerville Road, Ferndale. See Aug. 25 listing.

Heads Up ...

The Humboldt Arts Council accepts entries for the 22nd annual Junque Arte Competition and Exhibition Wednesday, September 27th from noon to 5 p.m. Entry guidelines available at the Museum or at www.humboldtarts.org.

Call for brewing and grilling contestants for the eighth annual SoHum Beer Fest and Barbecue Smoke Off. Call the Mateel Community Center office at 923-3368.

The McKinleyville Community Services District announces two regular voting member vacancies and one alternate member vacancy on the Recreation Advisory Committee. Mail letters of application to the MCSD, Attn: Lesley Frisbee, P.O. Box 2037, McKinleyville, CA 95519. Contact the Parks & Recreation Office at 839-9003.

McKinleyville writing group seeks members. Phone John Daniel, 839-3495, or email jmd@danieldpublishing.com for details.

North Coast Community Garden Collaborative seeks donated garden supplies, monetary donations and/or volunteers. For more information, contact 269-2071 or debbiep@nrsrca.org.

Volunteers needed for the Arcata Marsh Interpretive Center. Call 826-2359 or email amic@cityofarcata.org.

Volunteers wanted for Eureka VA clinic. Call 269-7502. ●

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PRINT DEADLINE: Noon Thursday,
the week before publication

Filmland



See, dude, we don't need DiCaprio to carry this thing.

Bros in Arms

The moral desert of *War Dogs*

By Kristin Kirby

filmiland@northcoastjournal.com

WAR DOGS. War, as we know, is profitable — in fact, it's a whole economy, as *War Dogs* makes sure to tell us right at the beginning. The film, directed by Todd Phillips, is based on a 2011 *Rolling Stone* article by Guy Lawson about two 20-somethings who sell weapons to the Pentagon. And that's the most terrifying thing about this movie — it's real.

The backstory for the film, as one character tells another, goes like this: It seems that after President George W. Bush got into trouble for giving exclusive weapons contracts to Dick Cheney's company, the government opened up military contracts for bidding on its website, FedBizOps. The big boys get the big contracts, of course, but there's still lots of money to be made from the "crumbs" — ammo, guns, helmets — all the things a soldier needs. In fact, the movie tells us that it costs us, the taxpayers, \$17,500 to outfit a soldier, and that stuff's got to come from somewhere, right?

This is where the two dudes come in. David Packouz (played solidly by Miles Teller), an earnest, yet drifting college dropout working as a massage therapist for wealthy men, reconnects with his high school buddy, Ephraim Diveroli, at an Orthodox Jewish funeral in their hometown of Miami. After the funeral, they ride through the streets in Ephraim's car in search of pot. When drug dealers stiff Ephraim, we get our first glimpse into what he is capable of.

Ephraim convinces David to come work for him at AEY, the company he's set up for bidding on government contracts, and the two begin working long nights scanning new contract opportunities on the

website. When they're not doing that (and sometimes when they *are* doing that), they're partying. Cocaine, pot and lots of alcohol fuel their greed. They work, they party, they spend. And then, believe it or not, trouble arises.

Jonah Hill, with greasy, slicked back hair and sporting more than a few extra pounds, eats up the part of Ephraim. A greedy young sociopath who employs an infectious giggle to put others at ease and get what he wants, his genius is in playing others — in any way they want to be played. For example, when the two need financing for their first weapons deal, they pay a visit to a friend of the family, a devout Jew who runs a string of dry cleaning businesses, and whom Ephraim convinces that he's only buying the weapons to

Continued on next page »

MOVIES & EVENTS

Aug 25 - Aug 31

Sat Aug 27 – Elect To Laugh with Will Durst, Doors @ 8 PM, Show @ 8:30 PM, \$15 adv tix online/\$20 @ door, 10+.

Sun Aug 28 – Snow White and the Seven Dwarfs (1937), Doors @ 5:30 PM, Movie @ 6 PM, Film is \$5, Rated G.

Wed Aug 31 – Sci Fi Night: Love in the Time of Monsters (2014), Doors @ 6 PM, All ages, Free w/\$5 food & bev purchase.

8/25 – That Indie Night: This Is England (2006), Doors @ 6:30 PM, Film @ 7 PM, Adm is \$4, Unrated.

Arcata Theatre Lounge arcatatheater.com • 822-1220 • 1036 G St.

Filmland

Continued from previous page

help Israel. (It's a lie; the money's going to supply pistols to the Iraqi army.) David is as timid as Ephraim is blustery. He goes along with Ephraim's plans, which get crazier and crazier, until he finally has to assert himself.

Bradley Cooper, masked in sunglasses, plays an opaque arms dealer on the terrorist watch list, with whom Ephraim and David meet at an international weapons expo in Las Vegas. Filmed in the U.S., Morocco and Romania (It wasn't feasible to film in Iraq? Huh.), Lawrence Sher's cinematography gives the believable backdrops of Jordan, Iraq and Albania a scary, foreboding bleakness.

There are plenty of absurdly funny, stoner-weapons-dealer-antic moments, like when Hill tries to buy a pair of sunglasses right off the face of a Jordanian smuggler, or when the pair do bong hits in the darkened offices of AEY while wearing night-vision goggles. There's also a cameo by the real David Packouz in the role of a singer/guitarist playing "(Don't Fear) The Reaper" to a captive nursing home audience, which had me laughing out loud.

Ana de Armas, as Packouz' girlfriend, is completely unnecessary, since the role requires the acting abilities of a lawn chair. She doesn't seem to do anything except wait for David to come home, throw an occasional dinner party, and have a baby. But then again, women aren't the doers in this film, they're the done-to. Which gets me to what is left out of this story: the other half of the equation — the tragedy, the lives lost and ruined as a result of all of these weapons. Because, lest we forget, they have died mainly because it was profitable, somehow, to kill them.

Still, the movie succeeds nicely in showing us the terrifying world of war profiteering while at the same time creating two likeable and immensely fallible characters. And the filmmakers probably figured audiences would rather watch the bad guys chasing two dudes through the Triangle of Death (on the road from Jordan to Iraq) than have to look at all of that nasty reality. And they're probably right. *R. 114M. BROADWAY, FORTUNA, MILL CREEK.*

— Kristin Kirby

For showtimes, see the Journal's listings at www.northcoastjournal.com or call: Broadway Cinema 443-3456; Fortuna Theatre 725-2121; Mill Creek Cinema 839-3456; Richards' Goat Miniplex 630-5000.

Previews

DON'T BREATHE. Three teens attempting a robbery are trapped playing cat and mouse with a murderous blind man. Starring Stephen Lang, Jane Levy and Dylan Minnette. *R. 88M. BROADWAY, MILL CREEK.*

MECHANIC: RESURRECTION. Jason Statham is in and out of his shirt again as a retired hit man (surprise!) pulled in for

one last job. With Jessica Alba and a soul-patch-sporting Tommy Lee Jones. *R. 99M. BROADWAY.*

SPACEBALLS. May the Schwartz be with you for this revival of the 1987 Mel Brooks *Star Wars* parody. *PG. 96M. BROADWAY.*

Continuing

BAD MOMS. Mila Kunis and scene stealers Kathryn Hahn and Kristen Bell land laughs as women doing battle with PTA villainesses. Just too bad that mothers having inner lives or fun is supposed to be a shock. *R. 101M. BROADWAY, MILL CREEK.*

BEN HUR. Sand and sandals remake about the prince-turned-slave (Jack Huston), also starring Jesus (Rodrigo Santoro). *PG13. 123M. BROADWAY, FORTUNA, MILL CREEK.*

FLORENCE FOSTER JENKINS. Meryl Steep as a 1940s wannabe singer socialite with no idea how bad her voice is. Hugh Grant co-stars as her enabling hype man. *PG. 90M. BROADWAY.*

JASON BOURNE. Matt Damon returns to the franchise as the CIA amnesiac. Director Paul Greengrass blends realistic violence, punishing emotional authenticity and elaborate car chases. *PG13. 123M. BROADWAY.*

KUBO AND THE TWO STRINGS. A boy (Art Parkinson) hunts down his father's magic samurai armor to battle supernatural foes with the help of odd couple Monkey (Charlize Theron) and Beetle (Matthew McConaughey). *PG. 101M. BROADWAY, FORTUNA, MILL CREEK.*

PETE'S DRAGON. Live action and animation in a fantasy tale about an orphan (Oakes Fegley) and his dragon buddy in the Pacific Northwest. With Bryce Dallas Howard and Robert Redford. *PG13. BROADWAY, FORTUNA, MILL CREEK.*

SAUSAGE PARTY. Seth Rogen and Kristen Wiig voice a hot dog and bun, respectively, in this raunchy, gross-out funny cartoon about foods discovering they're food. *R. 89M. BROADWAY, FORTUNA, MILL CREEK.*

THE SECRET LIFE OF PETS. A family-friendly tale of rival dogs in New York City that doesn't really live up to its powerhouse cast, which includes Louis C.K., Jenny Slate and Kevin Hart. *PG. 90M. BROADWAY.*

STAR TREK BEYOND. Frenzied and overstuffed, but the franchise sequel is good fun with solid characters, humor and satisfying surprises. Starring Chris Pine and Zachary Quinto. *PG13. 120M. BROADWAY, MILL CREEK.*

SUICIDE SQUAD. This unremittingly awful mess of semi-random violence rattles on without any emotional or narrative center as DC Comic villains take on badder guys. With hope from Margot Robbie as Harley Quinn and Jared Leto (briefly) as the Joker. *PG13. 123M. BROADWAY, FORTUNA, MILL CREEK.*

— Jennifer Fumiko Cahill

Field Notes

Shots, Shots, Shots

The birth of vaccines

By Barry Evans

fieldnotes@northcoastjournal.com



1802 satirical cartoon from Britain's Anti-Vaccine Society, showing cows emerging from people's bodies after they had been vaccinated with Edward Jenner's cowpox vaccine. Image by James Gillray, public domain

“Every year, thousands undergo this operation, and the French Ambassador says pleasantly, that they take the small-pox here by way of diversion, as they take the waters in other countries.” — *From a 1717 letter from Mary Wortley Montagu, wife of the British Ambassador to Turkey*

Lady Montagu was writing from Adrianople (modern Edirne) in western Turkey about the annual practice there of *variolation*, the inoculation of healthy children with a weak strain of smallpox to confer future immunity from the real thing in later life. Having barely survived smallpox two years earlier, while her brother died of it, Montagu became an enthusiastic advocate of the practice on her return to Britain. Over the next 30 years, some 400,000 people in Britain were “variolated,” leading to a marked decrease in smallpox deaths. Variolation, which the Chinese had already been practicing for hundreds of years, was the first attempt to induce immunity before a disease struck.

Variolation led to vaccination. Unlike variolation, which introduces live smallpox viruses into a body (with a 1 to 3 percent risk of death), vaccination uses weakened or killed germs that cannot cause serious illness. For instance, in vaccination's first and greatest success story, smallpox was countered with cowpox, a weak form of smallpox, which is non-fatal to humans. The well-known story of how an English country doctor, Edward Jenner, discovered vaccination is worth repeating here.

As Jenner (who wasn't above a touch of self-mythologizing) told it, he heard a milkmaid boast that her face would never be pockmarked by smallpox because she'd already had cowpox. Jenner hypothesized that the girl's cowpox had given her immunity to smallpox, so, in 1796, he deliberately infected the 8-year-old son of his gardener with cowpox using lymph fluid from a cowpox sufferer. Six weeks later, he tried to infect the kid with smallpox (no medical ethics boards back then). The boy remained healthy, Jenner successfully repeated the experiment on a dozen more children and

the science of vaccination (from the Latin *vacca*, meaning cow) was born.

Nearly 200 years later, in 1980, the World Health Organization announced that smallpox had been totally eradicated. It's hard to exaggerate this accomplishment. In Jenner's day, an average of 400,000 Europeans died — horribly and painfully — every year from the disease. When epidemics struck, which they did regularly, up to a third of the populations of entire countries died. Survivors were left pockmarked for life.

Modern vaccines now target a host of other potentially crippling and fatal diseases including polio, measles, rubella, diphtheria and tetanus (all of which have been eliminated from the U.S.), hepatitis A and B, chickenpox and mumps. Consider that in the pre-vaccine era, almost every family routinely lost a child to one of these diseases; today, childhood death from disease is so rare that it's now thought of as an unexpected tragedy.

Following Jenner's discovery, governments implemented compulsory vaccination programs to protect not just individuals, but whole populations. With enough people inoculated (85 to 95 percent), disease-causing viruses are denied hosts, essentially stopping epidemics in their tracks. (The unfortunate term for this is “herd immunity.”) “Anti-vaxxers” in the 19th and 20th centuries objected on much the same libertarian, religious, philosophical and suspicious-of-science grounds as they do today. In the U.S., after decades of resistance in the late 1800s, the U.S. Supreme Court ruled in favor of compulsory vaccination, citing “manifold restraints to which every person is necessarily subject for the common good.” That was in 1905, and it's still pretty much the law of the land that public health considerations override personal liberty. To put it bluntly, when the exercise of your rights puts other people at risk, you lose those rights.

Barry Evans (barryevans9@yahoo.com), who grew up at a time when polio was greatly feared, considers Jonas Salk and Albert Sabin (developers of polio vaccines) his heroes.

Workshops & Classes

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Place your online ad at **classified.northcoastjournal.com**
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Listings must be paid in advance by check, cash or Visa/MasterCard.
Many classes require pre-registration.

Arts & Crafts

POTTERY CLASSES AT FIRE ARTS: Fall Session September 12 - Nov 19, 2016 Full schedule of classes@fireartsarcata.com or call 707-826-1445. Sign up today ! 520 South G St. Arcata (AC-0908)

Communication

FORMER STRIPPER SHARES A STORY OF HOPE AT LIFETREE CAFÉ A woman who danced for 18 years in "gentlemen's clubs" reveals the realities of stripping for a living at Lifetree Café on Sunday, August 28 at 7 p.m. The program, titled "Trapped: A Stripper's Journey Out of Hopelessness," features a filmed interview with a woman who began working in the adult-entertainment industry at the age of 18. Lifetree Café is a free conversation cafe located at Campbell Creek Connexion, corner of Union and 13th St., Arcata. Coffee and snacks. Ph: 672 2919. During the program, Lifetree participants will be given the opportunity to describe times they have both given and received undeserved breaks and to examine the aftereffects. Lifetree Café is a free conversation cafe located at Campbell Creek Connexion, corner of Union and 13th St., Arcata. Coffee and snacks. Ph: 672 2919 (C-0825)

Dance/Music/Theater/Film

DANCE WITH DEBBIE: Get back to the basics; attend our "Basics of Partnering" workshop Wednesday, Aug 31, 7:00-9:00 p.m., and become a more desirable partner. All levels welcome, no partner required. \$10/person. (707) 464-3638, debbie@dancewithdebbie.biz (D-0825)

FREE INTRODUCTION TO ARGENTINE TANGO Experience the most interesting and beautiful dance of all. You'll learn the basics, and have fun! Arg. Tango started in Buenos Aires in the late 1800's and has traveled the globe many times over. Join us and we'll show you why so many have been enchanted. Tues, Sept. 13th, 8:15 - 9:15 pm. Redwood Raks - 824 L St. Arcata (858) 205-9832 leesobo@gmail.com www.tangodelsol.net

GUITAR/PIANO LESSONS. All ages, beginning & intermediate. Seabury Gould (707) 845-8167. (DMT-0929)

MUSIC LESSONS. Piano, Guitar, Voice, Flute, etc. Piano tuning, Instrument repair. Digital multi-track recording. (707) 382-9468. (DMT-0929)

PIANO LESSONS FOR BEGINNERS by Judith Louise. Children and adults, learn to read & play music! 707 476-8919. (D-0929)

REDWOOD RAKS WORLD DANCE STUDIO, ARCATA. West African, Belly Dance, Tango, Salsa, Swing, Breakdance, Jazz, Tap, Modern, Zumba, Hula, Congolese, more! Kids and Adults, (707) 616-6876 shoshannaRaks@gmail.com (DMT-0929)

STEEL DRUM CLASSES. Beginning Classes Level 1 Fri's. 10:00-11:00a.m., Level 2 Fri's. 11:00-12:00p.m. Intermediate Thu's., 6:30-7:30p.m. Pan Arts Network 1049 Samoa Blvd. Suite C. Call (707) 407-8998. panartsnetwork.com (DMT-0929)

WEST AFRICAN DRUM CLASS All Level Community Class Fridays 6-8pm
Held at Organic Matters Ranch Barn
6821 Myrtle Ave, Eureka (Freshwater)
Contact Heather 707-834-3610
Extra drums available to borrow or purchase (DMT-0929)

Fitness

NORTH COAST FENCING ACADEMY. Fencing (with swords!). Improve your mind and body in a fun, intense workout. New classes begin the first Mon. of every month. Ages 8 to 80+ Email: northcoastfencingacademy@gmail.com or text, or call Justin at 707 601-1657. 1459 M Street, Arcata, northcoastfencing.tripod.com (F-0929)

SUN YI'S ACADEMY OF TAE KWON DO. Classes for kids & adults, child care, fitness gym & more. Tae Kwon Do Mon-Fri 5-6 p.m., 6-7 p.m., Sat 10-11 a.m. Come watch or join a class, 1215 Giuntoli Lane, or visit www.sunyisarcata.com, 825-0182. (F-0929)

ZUMBA WITH MARLA JOY. Elevate, Motivate, Celebrate another day of living. Exercise in Disguise. Now is the time to start, don't wait. All ability levels are welcome. Every Mon. and Thurs. at Bayside Grange 6-7 p.m., 2297 Jacoby Creek Rd. \$6/\$4 Grange members. (707) 845-4307 marlajoy.zumba.com (F-0929)

Kids & Teens

POTTERY CLASSES AT FIRE ARTS: Fall Session September 12 - Nov 19, 2016 Full schedule of classes@fireartsarcata.com or call 707-826-1445. Sign up today ! 520 South G St. Arcata (K-0908)

THE STUDIO SCHOOL: PUPPETS & MARIONETTES Visual arts program, ages 5-13. Sat., Sept 17-Nov 5. 10-11:30am (Puppets! - Ages 5-8) or 12-1:30pm (Marionettes! - Ages 9-13). \$110. Call 826-3731 or visit www.humboldt.edu/extended to register.

Languages

BEGINNING & INTERMEDIATE ITALIAN Learn Italian with a native speaker. 8 week classes begin Aug. 30. \$140. Call 826-3731 or visit www.humboldt.edu/extended for info.

JAPANESE LANGUAGE 101 Emphasis on listening comprehension & speaking skills. Wed., Sept. 7-28, 6-8pm @HSU. Call 826-3731 or visit www.humboldt.edu/extended to register.

Lectures

GETTING TO THE NEXT SYSTEM: TRANSITIONING TO A SUSTAINABLE SOCIETY 4-week teach-in style, action-oriented course. Mon., 8/29-9/26, 6:30-8:30pm @HSU. \$60. Call 826-3731 or visit www.humboldt.edu/extended for info.

50 and Better

OSHER LIFELONG LEARNING INSTITUTE (OLLI). Offers dynamic classes for people age 50 and over. Call 826-5880 or visit www.humboldt.edu/olli to register for classes (O-0929)

ANCIENT STORYTELLERS: A GLIMPSE INTO THE PAST WITH DR. ROSIE ARENAS AND MARIA ELENA WHAPLES. Explore the myth and storytelling as seen in the pictographs and petroglyphs from around the world, especially the canyonlands of Utah. Fri., Sept. 9, 6-7:50 p.m. & Sat., Sept. 10, 9 a.m.-noon. OLLI Members \$45/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli

ANDROID SMARTPHONES: STEP-BY-STEP WITH PAM HOLTEN. Learn how to operate an Android smartphone, understand the screen, set up e-mail, text and more. Thurs., Sept. 8 & 15 from 1-2:50 p.m. OLLI Members \$45/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli

ART ESSENTIALS: EXPLORING COLOR WITH BRENT EVISTON. Learn both color theory, and how to use color expressively. Color is taught through oil pastel, a medium that is the perfect bridge between drawing and painting. Materials included. Thurs., Sept. 8-29 from 1:30-4 p.m. OLLI Members \$100/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli

DRAWING ESSENTIALS: BASIC SKILLS WITH BRENT EVISTON. Designed with the beginner in mind, this beginning class will give you all of the skills you need to begin drawing. Materials included. Tues., Sept. 6-Oct. 4 from 1:30-4 p.m. OLLI Members \$125/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli

FILMS OF THE FRENCH NEW WAVE WITH PHILIP WRIGHT. "New Wave" is an example of European art cinema and films made in France from 1958 into the late '60s. Join this class to learn about this genre and to view films each week. Wed., Sept. 7-Oct. 19 from 6-8:50 p.m. OLLI Members \$85/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli

GENTLE YOGA WITH PATRICIA STARR. Learn the basic foundation, the use of props, correct alignment, conscious relaxed breathing and all of the basic stretches. Mondays, Sept. 12-26 from 1-2:30 p.m. OLLI Members \$55/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli

IPHONE BASICS: UNDERSTANDING YOUR IPHONE WITH JEFF SCHROEDER. Get to know the functions and features of the Apple iPhone, including how to effectively and efficiently write notes and messages. Tues., Sept. 6 from 4-5:50 p.m. OLLI Members \$30/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli

Continued on next page »

MINDSET: ESSENTIAL FOUNDATION TO FITNESS WITH COREY JUNG. Exercise a healthy mindset to support your health and fitness. Sat., Sept. 10 & Sun., Sept. 11 from 12-3 p.m. OLLI Members \$45/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli

POTTERY CLASSES AT FIRE ARTS: Fall Session September 12 - Nov 19, 2016 Full schedule of classes@fireartsarcata.com or call 707-826-1445. Sign up today ! 520 South G St. Arcata (O-0908)

ROOM OF ONE'S OWN WITH K.C. WILDER. Develop skills suitable for completing any writing task you've struggled with: blogging, memoir, fiction or nonfiction. Thurs., Sept. 8-29 from 6-8 p.m. OLLI Members \$65/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli

WOMEN OF ISLAM: CASES STUDIES WITH TOM GAGE. Discuss commonalities and differences of education, class, mobility, and identity of three well-known Muslim women: the "world's leading Muslim feminist," a terrorist, and an apostate. Tues., Sept. 6-27 from 2-3:50 p.m. OLLI Members \$65/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli

Spiritual

ARCATA ZEN GROUP MEDITATION. Beginners welcome. ARCATA: Sunday 7:55 a.m. at Trillium Dance Studio, 855 8th St (next to the Post Office). Dharma talks are offered two Sundays per month at 9:20 a.m. following meditation. EUREKA: Wed's, 5:55 p.m., First Methodist Church, 520 Del Norte St., enter single story building between F & G on Sonoma St, room 12. For more information call 826-1701 or visit arcatazengroup.org. (S-0929)

TAROT AS AN EVOLUTIONARY PATH. Classes in Eureka, and Arcata. Private mentorships, readings. Carolyn Ayres. 442-4240
www.tarotofbecoming.com (S-0929)

YOUR CLASS HERE



50 and Better	Theatre & Film
Arts & Crafts	Spiritual
Computer	Support
Fitness	Therapy
Kids & Teens	Wellness
Lectures	Bodywork
Dance & Music	Vocational

442-1400 x305
classified@
northcoastjournal.com

BUDDHIST REFUGE AND TEACHINGS ON DEATH, DYING AND THE BARDO WITH VENERABLE LAMA LODU RINPOCHE Fri July 29 - July 31. Community Yoga Center 890 G St, Arcata. Contact Lama Nyugu 707-442-7068, Fierro_roman@yahoo.com, <http://kdkarcatagroup.org/upcoming-events.html> (S-0728)

Therapy & Support

ALCOHOLICS ANONYMOUS. We can help 24/7, call toll free 1-844 442-0711. (T-0929)

FREE DEPRESSION SUPPORT GROUP. Feeling hopeless? Free, non-religious, drop-in peer group for people experiencing depression/anxiety. UMCJH 144 Central Ave, McK 839-5691 (T-0209)

SEX/ PORN DAMAGING YOUR LIFE & RELATIONSHIPS? Confidential help is available. 825-0920, saahumboldt@yahoo.com or (TS-0929)

SMOKING POT? WANT TO STOP? www.marijuana-anonymous.org (T-0929)

Vocational

BECOME A CA PUBLIC NOTARY AND LOAN SIGNING SPECIALIST! Classes will be held on Mon and Tues 9/26 and 9/27 at College of the Redwoods Community Education in downtown Eureka. Call 707-476-4500 for more information and registration information or visit us at www.redwods.edu/communityed (V-0818)

COLLEGE OF THE REDWOODS COMMUNITY EDUCATION will begin LIVE lecture real estate classes in Oct. that conclude May 2017. For additional questions call (707) 476-4500 or visit CR's Community Education at www.redwoods.edu/community-ed (V-0818)

Wellness & Bodywork

ARCATA CORE PILATES Pilates, Barre, Yoga, TRX, Dance, & Private Instruction. 707-845-8156 located across the street from the North Coast Co-op, 901 8th Street Arcata, CA. arcatacorepilatesstudio.com

CREATING ORDER & SIMPLICITY Learn a logical system, de-clutter your past and organize for the present. Sat., 9/10, 10am-1pm @ HSU. \$75. Call 826-3731 or visit www.humboldt.edu/extended to register.

DANDELION HERBAL CENTER CLASSES WITH JANE BOTHWELL. Beginning with Herbs. Sept 14 - Nov 2, 2016, 8 Wed. evenings. Learn medicine making, herbal first aid, and herbs for common imbalances. Plant Lovers Journey to Costa Rica with Jane Bothwell & Rosemary Gladstar. November 10-19, 2016. Let us guide you through the unsurpassed beauty and wondrous diversity of Costa Rica! Herbal Adventure to Hawaii. Jan 14-21, 2017, Join Jane and Co. for an unforgettable journey to the Big Island. Along with ethnobotanical adventures, herbal spa days and meeting Native healers, enjoy a Kava ceremony and other cultural activities, lush beaches, lots of hikes, yoga and more! Register online www.dandelionherb.com or call (707) 442-8157. (W-0908)

FOOT REFLEXOLOGY CERTIFICATION Learn to relieve pain, improve alignment and body mechanics, promote detoxification and more. Combination in class and home study program begins September 16. Early registration discount. Alexandra Seymour ARC Board Certified Reflexologist at the Center for Reflexology 707-822-5395 or as@reflexologyinstruction.com (W-0901)

SELF-ESTEEM TRANSFORMATION FOR WOMEN Bolster your self-esteem, feel enlivened & radiant about who you are. Five class series begins 9/13. With Robyn Smith. Call 826-3731 or visit www.humboldt.edu/extended to register.

T'AI CHI WITH MARGY EMERSON The upcoming year, 2016-2017, will be Margy's 28th and final year of teaching T'ai Chi sequences. At 1049 C Samoa Blvd., Arcata (K St. & Samoa). The 13-week fall term starts Sept. 13. Three styles are offered: Long Form Wu Style, Chen style, and Combined 42 Forms. (New Chen and 42 Forms students must begin in the fall---their sequences will continue through winter term and finish in the spring.) A new T'ai Chi Sources class includes posture, breathing, qigong, Push Hands, Silk Reeling, meditation, and the Tao Te Ching. Daytime and evening classes. Begin as late as the third week. Visit a class with no obligation to pay or enroll. For details: www.margaretemerson.com or 822-6508. (W-0915)

INTRODUCTION TO MEDITATION Weds., Sept. 7 & 14, 6:15-7:45pm @ HSU. \$60. Call 826-3731 or visit www.humboldt.edu/extended to register.

YOGA IN FORTUNA THURS 9:30AM - 10:45AM W/LAURIE BIRDSONG. Multigenerational Center 2280 Newburg Rd. Breathe, stretch, strengthen the body, calm the mind. All levels. \$11 drop-in or 6 class pass \$57. Scholarships avail. info Laurie 362-5457 (W-0929)

Legal Notices

NOTICE OF PETITION TO ADMINISTER ESTATE OF DALE MARION GIER CASE NO. PR160251

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, DALE MARION GIER A PETITION FOR PROBATE has been filed by Petitioner, Monte Dale Gier In the Superior Court of California, County of Humboldt. The petition for probate requests that MONTE DALE GIER be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held on September 15, 2016 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 8. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER: Leon A. Karjola, Mathews, Kluck, Walsh & Wykle, LLP August 19, 2016 SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT

8/25, 9/1, 9/8 (16-220)

NOTICE OF PETITION TO ADMINISTER ESTATE OF BETTY M. HYTKEN CASE NO. PR160241

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, BETTY M. HYTKEN A PETITION FOR PROBATE has been filed by Petitioner, Mary Ann Hytken In the Superior Court of California, County of Humboldt. The petition for probate requests that Marty Ann Hytken be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held on September 1, 2016 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 8. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person inter-

ested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. ATTORNEY FOR PETITIONER: Kenneth M. Bareilles 533 E Street Eureka, CA 95501 August 10, 2016 SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT

8/18, 8/25, 9/1 (16-215)

NOTICE OF PETITION TO ADMINISTER ESTATE OF ZOE SHIZU FUKUI, also known as SHIZU FUKUI CASE NO. PR160242

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, ZOE SHIZU FUKUI, also known as SHIZU FUKUI A PETITION FOR PROBATE has been filed by Petitioner, Rebecca Kinu Fukui In the Superior Court of California, County of Humboldt. The petition for probate requests that Rebecca Kinu Fukui be appointed as personal representative to administer the estate of the decedent. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held on September 8, 2016 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 8. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California

HEY, BANDS



Submit your
gigs online at
**[www.northcoast
journal.com](http://www.northcoastjournal.com)**
and/or email with
high-res photo to
**[music@northcoast
journal.com](mailto:music@northcoastjournal.com)**

statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. ATTORNEY FOR PETITIONER: Thomas B. Hjerpe, Esq. Law Offices of Hjerpe & Collins 350 E Street First Floor Eureka, CA 95501 August 12, 2016 SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT

8/18, 8/25, 9/1 (16-216)

**T.S. No. 034777-CA
APN: 516-091-069-000
NOTICE OF TRUSTEE SALE
Pursuant to CA Civil Code
2923.3 IMPORTANT NOTICE TO
PROPERTY OWNER: YOU ARE
IN DEFAULT UNDER A DEED OF
TRUST, DATED 8/11/2006.
UNLESS YOU TAKE ACTION TO
PROTECT YOUR PROPERTY, IT
MAY BE SOLD AT A PUBLIC
SALE. IF YOU NEED AN EXPLA-
NATION OF THE NATURE OF
THE PROCEEDING AGAINST
YOU, YOU SHOULD CONTACT
A LAWYER**

On 9/20/2016 at 11:00 AM, CLEAR RECON CORP., as duly appointed trustee under and pursuant to Deed of Trust recorded 8/15/2006, as Instrument No. 2006-23733-9, of Official Records in the office of the County Recorder of Humboldt County, State of CALIFORNIA executed by: FRED G. SUNDBERG AND CONNIE M. SUNDBERG AS TRUSTEES OF THE FRED AND CONNIE SUNDBERG TRUST DATED 2/14/02 WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIERÆ CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE: AT THE FRONT ENTRANCE TO THE COUNTY COURTHOUSE, 825 5TH ST., EUREKA, CA 95501 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: MORE FULLY DESCRIBED ON SAID DEED OF TRUST The street address and other common designation, if any, of the real property described above is purported to be: 691 FIELD-BROOK RD MCKINLEYVILLE, CALIFORNIA 95519 The undersigned Trustee disclaims any liability for any incorrectness of the street

address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$224,810.16 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (844) 477-7869 or visit this Internet Web site WWW.STOXPOSTING.COM, using the file number assigned to this case 034777-CA. Information about

postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR SALES INFORMATION: (844) 477-7869 CLEAR RECON CORP. 4375 Jutland Drive Suite 200 San Diego, California 92117

8/25, 9/1, 9/8 (16-214)

**ORDER ON REQUEST TO
CONTINUE HEARING CASE
NUMBER: FL150761
-----**

Protected Party: Desiree M. Hill
Restrained Party: Jamie Nyberg

Party Seeking Continuance:
Protected Party: Desiree M. Hill

The hearing in this matter is currently scheduled for August 3, 2016. ORDER GRANTING CONTINUANCE AND NOTICE OF NEW HEARING The court hearing on the Request for Domestic Violence Restraining Order (form DV-100) is continued to the date, time, and location shown below: Date: 8/17/16 Time: 1:30pm Superior Court of California County of Humboldt 825 Fifth Street Eureka, CA 95501

/s/ W. Arvid Johnson
Judicial Officer
July 26, 2016

8/4, 8/11, 8/18, 8/25 (16-207)

**Heartbroken by
auction of stuff.**

The auction occurred on July 19th at TRIPLE AAA SELF STORAGE in McKinleyville, unit 285. If you purchased this unit please contact me ASAP, I am willing to buy back my belongings for what you paid. Most of the items in this unit were of little monetary value, I am specifically trying to retrieve my mother's artwork, journals, and photos. My mother is dead and this is all I have left of her. Please contact me if you know anything about the whereabouts of my belongings. My phone number is (707) 629-3395, cell number 310-717-2783 or you can email me at dulcewickhamdoane@gmail.com Thank you so much, Dulce Doane

8/11 (16-210)

**NOTICE OF SALE PUBLIC
AUCTION**

Notice is hereby given that the undersigned intends to sell the personal property described below to enforce a lien imposed on said property pursuant to Sections 21700 -21716 of the Business & Professions Code, Section 2328 of the UCC, Section 535 of the Penal Code and provisions of the Civil Code. The undersigned will sell at a public auction by competitive bidding on the 2nd of September 2016, at 11:00

.AM, on the premises where said property has been stored and which are located at INDIANOLA STORAGE, 673 Indianola Cutoff, Eureka, CA., County of Humboldt, the following units will be sold: Harry Nuneviller #61 - Misc. Household Items Tahni Morris #289 - Misc. Household Items

Items to be sold include, but are not limited to: Dinette table and chairs, microwave, side table, T.V, computer, clothes, large floor pillow, mattress and box spring, bed frame, head and footboard, dresser, tools plastic bins, boxes and bags (contents unknown).

Purchases must be paid for at the time of purchase in cash only and removed at the time of the sale, with the unit left broom clean. Sale is subject to cancellation in the event of settlement between owner and obligated party. Owner reserves the right to bid.

Auctioneer: Indianola Storage (707) 442-7613, Bond # 0327592 Dated this 25th of August 2016 and 1st day of September 2016

8/25, 9/1/2016 (16-219)

**FICTITIOUS BUSINESS NAME
STATEMENT 16-00496**

The following person is doing Business as **TOP TO BOTTOM STITCHES** Humboldt, 2148 Home Dr. Eureka, CA 95503 **Susan D. Tousley 2148 Home Dr Eureka, CA 95503 Robin L. Tousley 2148 Home Dr. Eureka, CA 95503**

The business is conducted by A Married Couple. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Susan D. Tousley, Ruler This statement was filed with the County Clerk of Humboldt County on August 16, 2016 KELLY E. SANDERS Humboldt County Clerk By: gw, Deputy Clerk

8/25, 9/1, 9/8, 9/15 (16-230)

**FICTITIOUS BUSINESS NAME
STATEMENT 16-00488**

The following person is doing Business as **E&J DELUXE BUILDERS** Humboldt 1062 N Street Arcata, CA 95521

PO Box 291
Loleta, CA 95551
**Ernest R Hatfield
1062 N St
Arcata, CA 95521
Jay B Lasquade
894 11th St
Arcata, Ca 95521**

The business is conducted by A General Partnership. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Ernest R Hatfield, Partner This statement was filed with the County Clerk of Humboldt County on August 8, 2016 KELLY E. SANDERS Humboldt County Clerk By: gw, Deputy Clerk

8/11, 8/18, 8/25, 9/1 (16-196)

**ORDER TO SHOW CAUSE FOR
CHANGE OF NAME JAN GILLESPIE
AND WILLIAM GILLESPIE
CASE NO. CV160702 SUPERIOR
COURT OF CALIFORNIA,
COUNTY OF HUMBOLDT 825
FIFTH ST. EUREKA, CA. 95501**

PETITION OF:
MATHEW CHARLES GILLESPIE

TO ALL INTERESTED PERSONS:
Petitioner: Jan Gillespie and William Gillespie

for a decree changing names as follows:
Present name
MATHEW CHARLES GILLESPIE
to Proposed Name
MATTHEW CHARLES GILLESPIE

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING Date: October 3, 2016 Time: 1:45 p.m., Dept. 8 SUPERIOR COURT OF CALIFORNIA, COUNTY OF HUMBOLDT 825 FIFTH STREET EUREKA, CA 95501 Date: August 17, 2015 Filed: August 17, 2016 /s/ Dale A. Reinholdtsen Judge of the Superior Court

8/25, 9/1, 9/8, 9/15/2016 (16-218)

Memorials

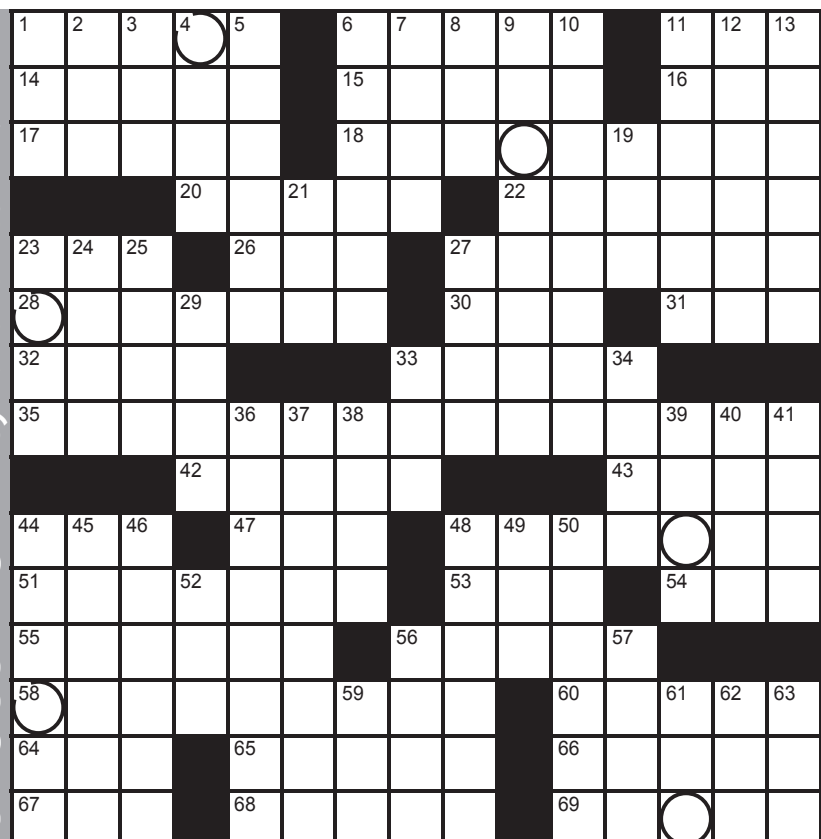


Carl Chatfield & Susan Anderson

Friends and family of Carl Chatfield & Susan Anderson are invited to attend their Celebration of Life, Saturday, 8/27, 2 pm at the Arcata Community Center, 321 Dr. Martin Luther King Parkway, Arcata.

Dinner, dancing , storytelling, and music will prevail. Hawaiian shirts theme. Join their families in honoring this iconic Humboldt County couple. Guests are asks to bring either appetizers or desserts and beverage of your choosing.

We look forward to sharing our fine memories of Susan & Carl.



PEE

ANSWERS NEXT WEEK!

©2016 DAVID LEVINSON WILK

ACROSS

1. [Last word in 35-Across] that cowboys wear
6. Got back to, in a way
11. "That's amazing!"
14. Xerox competitor
15. "It's _____ the other"
16. Brian who produced U2
17. Bone: Prefix
18. [Last word in 35-Across] that are multi-pocketed
20. "Fantastic" figure of children's lit
22. Pertaining to religious rites
23. Candy Crush Saga, for one
26. Sleuth, in old crime fiction
27. It's often swiped at stores
28. [Last word in 35-Across] with flared legs
30. Part of UNLV

31. MLB execs
32. Lena of "Chocolat"
33. Inflame
35. Has an accident after laughing too hard, perhaps (or a description of the circled letters in this grid)
42. Writers Bagnold and Blyton
43. Banks of "America's Next Top Model"
44. Reuters alternative
47. _____-fi
48. [Last word in 35-Across] worn by equestrians and named after a city in India
51. Prepare for use, as a pencil
53. Man's name that sounds like two letters of the alphabet
54. Fed. anti-trafficking group

55. Unrestrained revelries
56. Cartographer's blowup
58. [Last word in 35-Across] famously worn by M.C. Hammer
60. Play hard _____
64. 180 degrees from WNW
65. Go _____ (deteriorate)
66. Actress Winona
67. Amal Clooney _____
68. Laurel and Lee
69. [Last word in 35-Across] named after an Italian resort isle

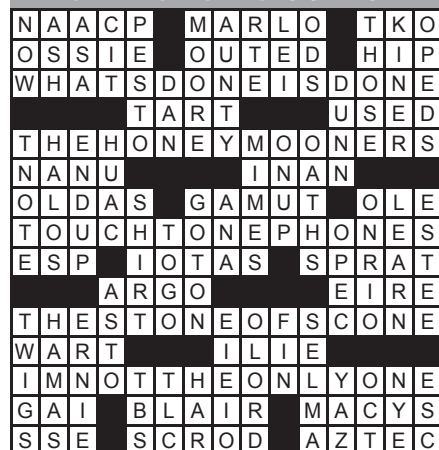
DOWN

1. _____-Magnon
2. Counterpart of hers
3. Have a part
4. Limerick or sonnet
5. New York Times

- crossword editor since 1993
6. Style that evolved from Baroque
7. Treats, in ad speak
8. Bible translation, e.g.: Abbr.
9. Pink and others
10. Concocts
11. Symbol of limpness
12. Like macho push-ups
13. Kind of fair
19. _____-1701 (the Starship Enterprise's serial number)
21. Hat with a tassel
23. Per
24. Ill-looking
25. "Swan Lake" bend
27. What Washington wouldn't tell
29. Addie's husband in "As I Lay Dying"
33. Response: Abbr.
34. Way to go
36. Checks out
37. Comment after a bull's-eye

38. Anthony Hopkins' role in "Thor"
39. "Cagney & Lacey" org.
40. "No argument here"
41. Singer Bareilles with the 2007 hit "Love Song"
44. Grand Slam tennis event
45. "Wheel of Fortune" category
46. "No argument here"
48. Jackson and Reno
49. Hosp. areas where you might hear "Scalpel, please"
50. No-calorie cola
52. Narrow inlet
56. "Go Tell _____ the Mountain"
57. 2002 DMX hit "X Gon' Give It _____"
59. Put _____ fight
61. Econ 101 topic
62. Always, to Shakespeare
63. Prefix with cycle

LAST WEEK'S ANSWERS TO ONLY ONE



su | do | ku

© Puzzles by Pappocom

HARD #66

www.sudoku.com



Employment

Opportunities

AMERICAN STAR
PRIVATE SECURITY

Is Now Hiring. Clean record.
Drivers license required. Must
own vehicle. Apply at
922 E Street, Suite A, Eureka
(707) 476-9262.

**SEEKING IHSS CERTIFIED IN
HOME PROVIDER** Personal care,
light housekeeping, cooking, 5-6
days a week, 4 hrs a day. Call
Patricia 707-822-2887.

Part-Time to Full-Time
Registered Dental
Hygienist (RDH)

Candidates must possess a
current CA RDH license, as well as,
excellent communication skills,
clinical experience, computer
proficiency, and teamwork
abilities. Bilingual Spanish and
experience with Electronic Dental
Records preferred. Compensation
\$38-\$43 per hour DOE.

Full-time LVN/RN

Candidates must possess a
current nursing license, as well
as, clinical experience, strong
triage skills, computer proficiency,
and management abilities.

RRHC is an EOE and offers a
four-day work week, as well
as, competitive compensation
and benefit packages.

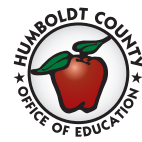
Interested and qualified
candidates may apply at :
Redwoods Rural Health Center
101 West Coast Rd
P.O. Box 769,
Redway, CA 95560,
download an employment
application from www.rrhc.org or
contact RRHC at (707) 923-2783.

HOME CAREGIVERS PT/FT

Non-medical
caregivers to assist
elderly in their homes.
Top hourly wages.
(707) 362-8045.



REG. DIETITIAN needed for
behavioral health center to
provide monthly assessment
of clients with a dynamic
interdisciplinary team.
Contract position. Call 442-
5721 x11060 for more info.
<http://www.crestwoodbehavioralhealth.com/location/eureka>



Humboldt County Office of Education

School Nurse

1.0 FTE, 2016-2017 School Yr.

Reqs. CA School Nurse credential
authorizing school nursing services &
current Board of Registered Nursing license.

Credential may be applied for upon hire with Bachelor's
Degree & RN License. Itinerant school nursing exp. in
school setting pref. Placement on Certificated Salary
Schedule. Eligible for Health & Welfare benefits & STRS.

App. available at HCOE or online:

www.humboldt.k12.ca.us/pers/appinfo.php

Reply to: PERSONNEL, HCOE, 901 Myrtle Ave.,
Eureka, CA 95501. For job desc. or questions contact
Kathy Atkinson at katkinson@humboldt.k12.ca.us or
call (707) 445-7039. **Open Until Filled.**



Humboldt County Office of Education

Anticipated
Openings for
School Bus Drivers

Entry level or experienced—all you need is the DRIVE to
succeed! Part-Time, full-time, and substitute positions.
Competitive wages & benefits, PERS retirement for all
regular positions. FREE training available for CLASS B
license and School Bus Driver Certification.

Qualifications: Must be 18 years of age or older. Drivers
are subject to a medical evaluation, including drug testing.

Apply at HCOE or online at www.humboldt.k12.ca.us

Reply to: Personnel, HCOE, 901 Myrtle Ave.,
Eureka, CA 95501.

ASSOCIATE TEACHERS
WILLOW CREEK, RIO DELL

Assists teacher in the implementation & supervision
of activities for preschool children. Requires a min. of
12 ECE units – incl. core classes – & at least 1 yr exp
working w/young children. P/T 24–34 hr/wk (school
year), \$11.15-\$11.72/hr.

ASSISTANT TEACHERS/CLASSROOM
ASSISTANTS-EUREKA, MCKINLEYVILLE

Assist center staff in day-to-day operation of the
classroom for a preschool program (implementing &
supervising activities). Prefer a min. of 6 ECE units &
6 months exp working w/young children (12 units of
ECE core classes preferred). P/T 17-20 hr/wk \$10.07-
\$11.11/hr.

Positions are Open Until Filled and include vacation,
holidays and sick leave benefits.

Submit application to:

Northcoast Children's Services
1266 9th Street, Arcata, CA 95521

For application, job descriptions & more info,
visit www.ncsheadstart.org or call 707-822-7206.



sequoiapersonnel.com
2930 E St., Eureka, CA 95501
(707) 445.9641

SEQUOIA PERSONNEL SERVICES

**Pest Control Technician • CPA
Bookkeeper • GIS/Cad Technician
Medical Assistant • Geotech Engineer
Caregiver • Professional Land Surveyor
Inventory Auditor • Line/Prep Cook
Warehouse Worker • HR Director
Mark/Tech Writer • Carpenter
Civil Engineer-Wastewater**



LOOKING FOR A MEANINGFUL JOB IN YOUR COMMUNITY?

To start a career where you feel good about helping out others? We are looking for On-Call team members to supplement our programs, a great opportunity to get your foot in the door with our caring and compassionate company. We are looking for on-call LVN/LPTs, Service Coordinators, Rehab Assistants, Cooks, and Housekeepers.
Apply in person at
Crestwood Behavioral Health Center
2370 Buhne Street, Eureka
707-442-5721

YUROK TRIBE JOB OPENINGS

For information www.yuroktribe.org,
hr@yuroktribe.nsn.us or 707-482-1350

#0775 GRANT WRITER

RG/FT KLAMATH \$17.23-24.88 OUF

#0784 CASE MANAGER (YOUTH)

RG/FT KLAMATH \$13.812-22.39 OUF

#0795 CONTAINER SITE ATTENDANT

RG/FT WEITCHPEC \$11.28-1419 OUF

#0804 POLICE OFFICER

RG/FT WEITCHPEC \$21.05-26.58 OUF

#0805 CLERICAL ASSISTANT (COUNCIL)

RG/FT KLAMATH \$15.45-24.88 OUF

#0807 LEGAL SECRETARY

RG/FT KLAMATH \$19.15-27.56 OUF

#0808 SOCIAL WORKER

RG/FT \$23.42-33.53 OUF

#0811 CHILD CARE AIDE

RG/FT EUREKA \$12.63-18.44 OUF

#0812 TRANSIT VAN/BUS OPERATOR

RG/FT WEITCHPEC \$15.45-20.99 OUF

#0814 OFFICE MANAGER – CHILD SUPPORT

RG/FT EUREKA \$21.20-27.56 OUF

#0817 PLANNER III OR IV

RG/FT KLAMATH \$19.15-33.53 8/31/16

#0820 GUIDANCE TECHNICIAN

RG/PT EUREKA/WEITCHPEC \$15.45-30.44 OUF

#0821 JOM TUTOR

RG/PT EUREKA/KLAMATH/WEITCHPEC \$12.31-20.09 OUF

#0823 SECURITY CONTROL OPERATOR

RG/FT WEITCHPEC \$12.31-16.00 9/9/16

*Share your heart, Share your home.
Become a mentor today.*

**Do you have an interest in helping others?
Would you like the freedom to work from home?**

California MENTOR is looking for caring people with a spare bedroom to support an adult with special needs.

California Mentor matches adults with disabilities with people like you, in a place they can call home. Receive a generous monthly stipend and ongoing support.



317 3rd Street, Suite 4
Eureka, CA 95501

For more information call Sharon at 442-4500 ext 16
or visit www.mentorswanted.com.



**CITY OF EUREKA
ENGINEERING
TECHNICIAN I/II**

\$2,824 - \$3,976 PER MONTH +
EXCELLENT BENEFITS

Under supervision, performs a variety of specialized paraprofessional engineering field and office duties in support of professional engineering staff. Researches engineering topics and prepares basic engineering calculations; provides technical advice to the public; coordinates plan submittals; issues permits; maintains plan files and engineering records; prepares reports.

For more information and to apply, visit our website at www.ci.eureka.ca.gov.

**Recruitment closes 5:00 p.m.
on Friday, 9/2/2016. EOE**



**CITY OF EUREKA
PROJECT
MANAGER –
PUBLIC WORKS**

\$5,154 - \$6,265/MONTH DOE

THERE ARE CURRENTLY TWO (2) VACANCIES IN THE PUBLIC WORKS DEPARTMENT; IN THE ENGINEERING DIVISION AND PW ADMINISTRATION

This position will be responsible for developing and implementing policies and procedures for the following programmatic functions: budget development, financial administration and reporting, expenditure monitoring, grant funds disbursement, purchasing, contract administration, management analysis, project management, automation and program evaluation, and coordinating activities with contractors, regulatory agencies and City staff. Desirable qualifications include a combination of training and experience equivalent to a Bachelor's degree in Public Administration, Engineering, Project Management, Construction Management, or a closely related field and 5 years of increasingly responsible professional experience in contract and project management, emergency management, and grants administration. Professional experience working on city government/municipal projects is highly desirable. For a full job description, and to apply, visit our website at www.ci.eureka.ca.gov.

**We will be accepting applications
until 5:00 p.m. on Friday,
September 16, 2016. EOE**



Redwood Coast Regional Center

Be a part of a great team!

**Service Coordinator
(Case Mgr,
Social Worker)**

FT in Eureka, CA. Advocating & coord. services for Adults w/dev & intellectual disabilities. Requires MA or BA w/exp in human services or related field. Salary range \$3164 - \$4452/mo. Exc. bene.

Visit www.redwoodcoastrc.org for more info & required docs. **Closes 8/31/16 at 5PM.** EOE



California Conservation Corps

Office Assistant

Part Time with Full Time option
Salary \$2,241 – 3,043 plus benefits

Duties: Provide courteous front office reception services to corpsmembers, staff and incoming callers; follow state procurement guidelines for bids, accounts payable, fiscal tracking, data entry and filing.

Take online exam to get on the eligibility list at:
<https://exams.spb.ca.gov/exams/oa/>

Apply online at www.ccc.ca.gov

Deadline August 25, 2016



**MAINTENANCE TECHNICIAN
(TEMPORARY)
ARCATA MAIN OFFICE**

Performs a variety of site repairs, alterations, construction projects, & general maintenance for NCS sites. 2 yrs of construction exp desirable. **F/T (Temp):** 40 hrs/wk (8:30-5 pm, Mon-Fri); \$14.71-16.25/hr.

Submit application to:

Northcoast Children's Services
1266 9th Street, Arcata, CA 95521

For application, job descriptions & more info, visit www.ncsheadstart.org or call 707-822-7206.



**COOKS
FORTUNA, RIO DELL,
CHILDREN OF THE REDWOODS
INFANT TODDLER CENTER**

Duties include prep meals for toddler & preschool age children in a childcare center. Req.exp in food service & volume meal prep. Preferred candidate would have training or education in nutrition, menu planning, kitchen safety, sanitation & CACFP (CA Child Care Food Program) exp. **P/T (yr round & school yr)** \$10.07-\$10.62 per hour. **Open Until Filled**

Submit application to:

Northcoast Children's Services
1266 9th Street, Arcata, CA 95521

For application, job descriptions & more info, visit www.ncsheadstart.org or call 707-822-7206.



Humboldt County Office of Education Senior Account Technician/Office Manager

Full-time, 7.5 Hrs./Day, 12 Mo., 260
Days/Yr., \$2,632.07-\$3,361.37/Mo.,
\$16.20-\$20.69/Hr., Entry DOE.

Job duties include: Clerical support & processing
of financial transactions to support program
administrators at the Humboldt County Office
of Education. Experience with word processing
& spreadsheets required. Ability to manage
workflow & meet multiple deadlines, process
purchase orders & contracts accurately & provide
a friendly demeanor working with the public,
local educators & staff. Eligible for Health and
Welfare Benefits and PERS retirement.

Application available at HCOE or online:
www.humboldt.k12.ca.us

Reply to: PERSONNEL, HCOE, 901 Myrtle
Ave., Eureka, CA 95501. For questions contact
Kathy Atkinson at katkinson@HCOE.org or
call (707) 445-7039. **Open until filled.**



CITY OF ARCATA POLICE OFFICER \$50,190.39 – \$61,006.73/yr. POLICE OFFICER TRAINEE \$17.45 – \$21.22/hr.

The City of Arcata has one more position
to fill as a result of Measure Z funding.
We are seeking a lateral transfer, graduate,
or sponsor-able candidate for the next
Police Academy starting January 2017.

Apply now! We offer health benefits for the
Sponsor candidate, and a generous financial
hiring incentive for the Lateral or Graduate
selected through a rigorous hiring process.

Visit www.cityofarcata.org or City
Manager's Office, 736 F Street,
Arcata (707) 825-2135. EOE.



Hiring?

Post your job opportunities
in the *Journal*.

442-1400 x305
classified@northcoastjournal.com

County of Humboldt APPRAISAL TECHNICIAN \$2,753-\$3,533 Monthly

Provides specialized field and office support
related to the approval of real property and
business property valuation for tax purposes.

Desired experience includes three years
of office support work which has provided
knowledge of appraisal and assessment
techniques, processes and terminology.

Filing deadline: August 31, 2016.
Apply online at www.humboldt.gov/hr AA/EOE.

HIRING: GRAPHIC DESIGNER



The *Journal* is seeking
talented, part-time graphic
artists to join our winning
team for print, web and
mobile platforms. Must
know Adobe CS.

Apply by sending resume
and portfolio to holly@northcoastjournal.com



Career Opportunities open door Community Health Centers

Now hiring energetic service-minded individuals
wanting to excel in a team environment.

NOW SEEKING HEALTH CARE STAFF:

Registered Nurses, Medical Assistants,
Dental Assistants, Case Managers

NOW SEEKING OPERATIONAL STAFF:

Administrative Assistants, Receptionists/
Customer Service Specialists, Billing

POSITIONS AVAILABLE IN:

Arcata, Crescent City, Eureka, Ferndale,
Fortuna, McKinleyville, and Willow Creek

For details and on-line applications, visit:

opendoorhealth.com

Don't see your specific job? Submit your resume
to humanresources@opendoorhealth.com
and we will work to match you
with our opportunities.

Licensed medical, dental or behavioral health
providers are encouraged to inquire about
career opportunities at opendoorhealth.com



K'IMA:W MEDICAL CENTER

*an entity of the Hoopa Valley Tribe, is seeking
applicants for the following positions:*

PHYSICIAN FT/Contracted (\$91.34-115.38 per hr).
Provides medical care and referrals. **Open until filled.**

DENTIST FT/Contracted (\$55.86-72.64 per hr).
Provides dental health care. **Open until filled.**

FAMILY NURSE PRACTITIONER FT/Contracted (\$39.60-
62.53 per hr). Function as a primary care provider seeing all
ages of patients and all medical conditions. **Open until filled.**

PUBLIC HEALTH NURSE FT/Regular (\$33.30-43.29
per hr). Operates a community health program where all
client populations are evaluated and accounted for; work
with staff from the Ambulatory Clinic, Outreach, Diabetes,
and Senior Nutrition programs. **Open until filled.**

**REGISTERED NURSE OUTREACH/CASE
MANAGEMENT** FT/Regular (\$33.30-43.29 per hr).
Assist in the overall management of patients both
in clinic and in the field. **Open until filled.**

CHIEF OPERATING OFFICER FT/Contractual (\$39.60-
47.51 per hr, neg.). Key manager in operation of a
comprehensive health care delivery organization and
manages select organization programs. **Open until filled.**

MEDICAL ASSISTANT FT/Regular. Provides administrative,
clerical and technical support to physician; Certified
Medical Assistant desired. **Open until filled.**

LICENSED VOCATIONAL NURSE FT/Regular (\$19.05-24.77
per hr). Assists in providing direct nursing care for patients.
Deadline to apply is extended to 5 PM, August 24, 2016.

For an application, job description, and additional information,
contact: K'ima:w Medical Center, Human Resources, PO Box
1288, Hoopa, CA, 95546 or call **530-625-4261** or email:
hr.kmc@kimaw.org for a job description and application.
Resume and CV are not accepted without a signed application.



CITY OF ARCATA
**DISPATCHER/SENIOR
DISPATCHER**

\$39,118.97–\$49,984.50/yr.
plus \$ Hiring Bonus \$

Attend our next entry level testing date
and see if you've got what it takes!

A completed employment application
submitted to our office will reserve your
space for Saturday, September 10th.

Visit www.cityofarcata.org for application
materials, or call (707) 822-5953, City
Manager's Office, 736 F Street, Arcata. EOE.



**Southern Humboldt Community Healthcare
District is now accepting applications for:**

**DIRECTOR OF NURSING — SKILLED
NURSING FACILITY**

This position is perfect for a registered nurse that
is passionate about making a difference in the lives
of others and enjoys working as a team. Full Time
position. Over sees the staff and daily functions of
an 8-bed Skilled Nursing Facility. Position reports
directly to the Chief Nursing Officer. BSN required,
previous management experience required. Must be
familiar with Title 22 and skilled nursing regulations.
This position would be a great fit for an experienced
Director looking for a positive career change.

REGISTERED NURSE

Full Time, Part Time, or Per Diem Position. Current
RN License and CPR certification required. Work
12-hour shifts in our critical access emergency room.

CERTIFIED NURSE ASSISTANT

Full Time, Part Time, or Per Diem Position. Direct
Patient Care, activities with the residents/ patients.
Must possess CNA Certificate and CPR Certification.

MATERIALS TECHNICIAN

Full Time position. Provides on-site inventory
control/supply management services. Responsible
for accurately receiving, auditing, requisitioning,
transporting, storing and accurately distributing
hospital supplies. Experience preferred but not
required; willing to train to right candidate.

IT MANAGER

Full Time position. Associate or Bachelor's Degree or
certificate in computer related field required. Certification
options include Microsoft certified IT professional
certification, Cisco certified network certification, or
similar. Minimum 5 years employment in a computer
related experience required; healthcare setting experience
preferred. Some night and weekend call required.

CASE MANAGER

Full Time position. 8-hour shifts. Provide assessment,
planning, and coordination of options and services
to meet a patient's medical care needs. Assist in
patient care by providing clinical information to
payers, monitor length of stay, seek necessary care
authorizations, and appeal medical decisions. Current
RN or CSW license required. Minimum 3 years case
management, or related field, experience preferred.

PATIENT REGISTRATION CLERK

Full Time, Part Time, or Per Diem;
8-hour shifts, Day shifts.

COOK

Part Time Position. Required to cook and follow
a planned menu. General cleaning of the dietary
department. No license or certification required.

Visit www.shchd.org for more information and to apply
Or call (707) 923-3921 ext. 230



United Indian Health Services, Inc.

Application deadline: Aug 27, 2016

Maintenance Technician

Participates in the maintenance and repair of all
UIHS structures and all maintenance of grounds as
needed. Del Norte/Full Time

Garden Technician

Assists with Potawot Community Food Garden
education program activities and the promotion of
gardening in UIHS communities. Arcata /Part Time

Dietician

Responsible for the medical nutrition therapy care of
UIHS clients and working on efforts to prevent disease
through nutrition education. Arcata /Full Time

Corporate Compliance Officer

Ensures the compliance with the rules and
regulations of regulatory agencies, that UIHS
policies and procedures are being followed, and
that behavior in the organization meets the UIHS
Standards of Conduct. Arcata /Full Time

Night Housekeeper

Must provide a clean, sanitary comfortable, orderly
and satisfying surrounding for clients, employees
and public. Arcata /Full Time

Nurse Supervisor

Oversees nursing functions, provides training.
Arcata/Full Time

Clinical Nurse/RN(s)

Staff Nurse & Specialty Nurses Needed Full and Par
Time positions. Arcata/Klamath Full Time

Health Information (Records) Supervisor

Supervising health information staff and serves as
the custodian of (client) records. Arcata/Full Time

Physical Activities Specialist

Serves as a lifestyle coach for participants in the
Diabetes Prevention Program. Crescent City/ Full
Time

Medical Provider – MD/DO or FNP/PA

Provides medical care and treatment to patients in
clinic setting. Humboldt/ Del Norte /Flexible hours
up to Full Time

Per Diem Positions

Front Office Assistants, Medical & Dental Assistants
and Registered Nurses. Humboldt/ Del Norte
Positions are, unless otherwise stated, open until filled

Employment application available online at
www.uihs.org. Email application, cover letter and
resume to UIHS-Recruiting@crihb.org

*Serving the Native American Community since 1970.
In accordance with PL 93-638 American Indian
Preference is applied. All applications welcome.
UIHS offers competitive, wage and benefits.*

County of Humboldt
**ASSESSMENT
TECHNICIAN I**
\$2,255–\$2,894 Monthly

Maintains assessment rolls; maintains and updates
property appraisal records and performs research
to determine ownership status of real and personal
property according to property tax laws.

Desired experience includes one year experience
providing office support in an assessment office,
title company, or similar property-related setting.

Filing deadline: August 31, 2016. Apply online at
www.humboldt.gov/hr AA/EOE.



**Landscaping position available now
at a growing property management office**

Includes a full schedule of landscaping, yard work, mowing,
and trimming. Keep Humboldt beautiful!

Must be able to lift 50 lbs, use ladder safely, operate and
maintain gardening equipment.

All supplies & equipment provided.

Must have pick-up truck or van, but mileage is fully reimbursed.
Current driver's license, insurance, and background check required

FT 8:00 – 4:30 Monday – Friday
\$12.00/hour + benefits
Call (707) 444-3835 ext. 123 or e-mail brittany@ppmrentals.com
for more information and an application



*Tri-County Independent Living (TCIL) is
a community-based, non-residential,
non-profit, multicultural organization.*

**TCIL IS SEEKING TO
FILL TWO POSITIONS**

**Information & Referral/Admin and
Programs Support Specialist**

Independent Living/Transitions Specialist

Looking for dedicated advocates of the Independent
Living Philosophy which promotes and advocates
for rights of people with disabilities to live
independently, make their own choices and live
in a fully accessible, integrated community.

Positions serve Humboldt, Del Norte and Trinity Counties
from office located in Eureka. Full time. Excellent
medical, dental, vacation/holiday/PTO and sick leave
benefits. **Compensation:** I&R/APS Specialist \$12–\$14/
hr. DOE; ILS/Transitions Specialist \$15–\$17/hr. DOE

For information on how to apply, application and
position descriptions go to www.tilinet.org

OPEN UNTIL FILLED

People with Disabilities and Minorities strongly
encouraged to apply. Alternative format
will be provided upon request. EOE.



We are hiring! Full-time and part-time positions available!

CHILD CARE CASE MANAGER/BILINGUAL CASE MANAGER

This full-time position interviews applicants to determine eligibility for subsidized child care programs and maintains a caseload of clients. For both positions: course work in social services or related field and experience which has involved the explanation of rules and regulations to the public desired. For Bilingual Child Care Case Manager, all of the above plus ability to speak, read, and write in accurate, fluent Spanish. Child Care Case Manager starts \$14.11/hour; Bilingual Child Care Case Manager starts \$14.83/hour. Closes 5 p.m., 8/29/16

PROFESSIONAL DEVELOPMENT SPECIALIST

This full-time position plans, develops and delivers trainings to improve knowledge, skills and practices of early education professionals; recruits and provides training/technical assistance to individuals in order to enter and/or stay in the child care field.

Requires degree in Early Childhood Education (ECE) or related field or degree with at least 24 units of ECE or Child Development; experience with direct service in a child care facility. Starts at \$17.23/hour. Position closes 5 p.m., 9/5/16

VISITATION SPECIALIST

This full-time position provides supervised visitation for children, youth and their families in a variety of settings, provides parenting skills coaching, as well as related tasks. Requirements include: transporting clients in employee's own vehicle throughout Humboldt County (mileage is reimbursed), ability to lift and carry car seats and children, minimum two years of experience working with children, youth or families or two years working in a social service agency. Stipend available for qualified bilingual candidates (English/Spanish). Starts at \$14.11/hour. Open until filled

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Respite Worker - This position serves as a personal attendant to provide care and supervision of children or adults who have developmental disabilities, including but not limited to: autism, intellectual disability, cerebral palsy, and epilepsy. Performs work in family residences or, as approved, in community settings. Starts at \$12.26/hour.

Respite Specialist - This position serves as a personal attendant to provide care and supervision of children or adults who have developmental disabilities, including but not limited to: autism, intellectual disability, cerebral palsy, and epilepsy and who also engage in challenging behaviors. Performs work in family residences or, as approved, in community settings. Starts at \$14.25.

For all positions-Must possess a valid CDL and current insurance, and a vehicle for work use. Must pass a criminal record background check.

Full-time positions include benefits such as paid vacation/sick leave, holidays, paid insurance, and retirement plan. Application and job description available at www.changingtidesfs.org or by calling (707) 444-8293.

Please submit letter of interest, resume and application by email to nprato@changingtidesfs.org or U.S. mail to Nanda Prato, 2259 Myrtle Avenue, Eureka, CA 95501 by closing date, as applicable EOE



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United Indian Health Services, Inc.

NOTICE for Health Consultants

Health and Wellness Contractor(s)

Shall provide presentations, trainings, and/or classes to share information about nutrition, fitness, cultural wellness, indigenous foods, and/or traditional beliefs around wellness. The consultant/contractor may also share information and best practices about how services can be tailored to be more successful in reaching the American Indian population. There may be training opportunities for those consultant/contractor interested in implementing health and wellness events and activities within the American Indian communities.

Traditional Healers/Natural Helpers

Shall provide cultural and traditional trainings/presentations to share information and beliefs around suicide and the American Indian Community. Topics can include but are not limited to: risk factors, protective factors, cultural perspectives and practices, historical trauma, local history, and cultural healing, etc. The contractor may also share information and best practices about how services can be tailored to be more successful in reaching the American Indian population. Traditional Healers/Natural Helpers will also be available for traditional spiritual guidance for those in need during project events and activities.

Please submit a Letter of Interest and Resume to UIHS Human Resources by August 26, 2016.

In accordance with PL 93-638 American Indian Preference is applied. All applications welcome. UIHS offers competitive wage and benefits.

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T's Café North

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lunch everyday except Wednesday from 7 am – 2 pm. T's uses fresh local ingredients when possible and always supports local products. " We love to get our meat from Murphy's. They have a great selection and everything is always so fresh," Halleh explains. "We like to support all aspects of local products. From produce to seafood, local products are the way to go."

T's would also like to invite the community to their Bluegrass Brunches that take place the first and third Sunday of each month. So come through for live bluegrass and some of T's legendary food. For more information on T's Café North give them a call at 707.826.2133 or look them up on Facebook.

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